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BAGELS & BREADS BAGELS	VALUES LISTED ARE FOR FULL-SIZED BAGELS. SKINNY BAGELS ARE APPROX. 2/3 OF AMOUNT LISTED BELOW.	
Asiago Parmesan	4.3 123 310 25 3.0 5 0.5 3 0 5 2 600 25 61 20 4 16 7 12 2 0 4 20 F X	X PLAIN BAGEL (UNBEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIADIN, REDUCED INDO, THIAMIN MONONITRATE, RIBOTA-UNI), WATER MAIT, SALT, MAIT, BAKERS PESAT, SAIADO, PARIESAN SHRED (DASADO CHESS (PASTEURIZED MILK, CHEESE CULTURE, SALT, & ENZYMES), PARMESAN CHESSE (PART-SKIM MILK, CHEESE CULTURE, SALT & ENZYMES), POWDERDE CILLIJOSE WITH ENTAWES (TO PREVENT CANNO), ITALIAN SPICE (CORN HEAL, SPICES, SUGRA, SALT), DEMVORATED ONNO), DEMPORATED GARVIC, RED PEPPER, PAPRIKA).
Blueberry	4.1 115 310 15 2.0 3 0.0 0 0 0 0 500 21 63 21 4 14 14 11 0 0 2 20 F	X UNBEACHED EMRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NACION, REDUCED IRON, THAMM MONONITRATE, RIBOFLAVIN), WATER, LIGHT BROWN, SUGAR, MALT, INVISED WILD BULBERRIES (BILLEBERRY, SUGAR, GLUCEMU, SAFFLOWER OIL, CHITER, CAID, CALCIUM LACTATE, POTASSIUM SORBATE, NATURAL BILLEBERRY FLAVOR, SALT, BLUEBERRY FLAVOR, PROPVLENE GLYCOL, WATER, FRUIT JUICE CONCENTRATE, NATURAL FLAVORDS, SRALTY, ALCOHOL, WHEAT GLYCINE, CULTIVATED BLUEBERRY, MALT, BAMERS YEAST.
Bruegger Bites (3) Cinnamon Raisin	15 43 120 20 2.5 4 0.0 0 0 0 0 190 8 22 7 1 4 3 4 0 0 0 8 F	X ROSEMARY OLIVE OIL BAGEL (UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLICA DICI). WATER, MALT SYRUP, OLIVE OIL, BROWN SUGAR, SALT, ROSEMARY, YEAST. X UNBLEACHED BRINCHER FLOUR WHEAT FLOUR MALTED BARLEY FLOUR MICKIN. REDUCE IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID).
Cinnamon Sugar	4.1 116 320 15 2.0 3 0 0 0 0 0 420 17 63 21 4 17 13 14 0 0 4 20 F	WATER, RAISINS, MALT SYRUP, LIGHT BROWN SUGAR, SUGAR, SALT, CINNAMON, HONEY, YEAST. X UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN), WATER,
Cranberry Orange (seasonal)	4.1 115 310 15 2 3 0 0 0 0 0 480 20 64 21 4 15 16 10 0 8 2 20 F	MALT, CINNAMON SUGAR TOPPING (SUGAR, CINNAMON), SALT, YEAST, WHEAT GLUTEN. X UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN), WATER,
Egg (select markets)	4.1 115 300 20 2.0 3 0.0 0 0 0 1 590 24 60 20 3 14 11 11 0 0 2 20 X	LIGHT BROWN SIGAR, MALT, DRIED CRANEBERIES (GRANEBERRIES, SUGAR, SUNFI, GOWER OIL, SALT), ORANGE PELL, BAKERS YEAST. X. UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN), WATER, HOMEY, LIGHT BROWN SIGAR, EGG POWDER, SALT, MALT, BAKERS YEAST, CURCLIMIN (TUMERIC COLOUR EXTRACT, MODIFIED STARCH).
Everything	4.1 117 310 20 2.5 4 0 0 0 0 710 30 62 21 4 15 7 12 0 0 2 20 F	X UNBLEACHE DENICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THAMIN MONONITRATE, RIBOFLAVIN), WATER, MALT, SALT, SESAME SEEDS, ROCK SALT, POPPY SEEDS, DEHYDRATED GARLIC, DEHYDRATED ONION, BAKERS YEAST.
Everything Whole Wheat	4.1 117 280 20 2.5 4 0.0 0 0 0 790 33 55 18 6 24 5 13 0 0 4 15 F	X WHOLE WHEAT BAGEL (FLOUR IWHOLE WHEAT, WATER) UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THAMIN MONOMITRATE, RIBOFLAWIN, FOLIC ACID), WHEAT GLUTEN, MALT, HONEY, SALT, YEAST), EVERYTHING TOPPING (SESAME SEEDS, PRETZEL ROCK SALT, POPPY SEDS, GARLIC, ONDIO.
French Toast Bagel (seasonal)	4.6 130 370 35 4.0 6 1.0 5 0 25 9 650 27 72 24 4 15 20 13 0 5 6 20 X	X UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN), WATER, BROWN SIGAR, HONEY, CRUNCHY CINNAMON BITS SUIGAR, WHEAT FLOUR, CORN CEREAL, CINNAMON AND SOYBEAN OIL), BAKERS YEAST, EGG POWDER, SAIT, MAILT, CARAMEL CLOIRC, CIJECULING.
Garlic	4.1 115 300 15 2.0 3 0 0 0 0 520 22 61 20 4 15 7 12 0 0 2 20 F	X UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN), WATER, MALT, DEHYDRATED GARLIC, SALT, BAKERS YEAST.
Honey Grain Jalapeno (select markets)	4.1 115 310 25 2.5 4 0 0 0 0 0 490 20 61 20 4 15 10 11 0 0 2 20 F 4.1 115 330 30 3.0 5 0.0 1 0 0 0 480 20 67 22 9 37 7 13 10 160 4 25 F	X UNBEACHED EMRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN), WATER, HONEY, MOLASSES, OATS, SESAME SEEDS, SALT, RYE, BAKERS YEAST. X PLAIN BAGEL (UNBLEACHED DENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE,
		RIBOFLAVIN), WATER, MALT, SALT, MALT, BAKERS YEAST), JALAPENO PEPPERS (JALAPENO PEPPER, WATER, VINEGAR, SALT, SUGAR, SPICES, AND CALCIUM CHLORIDE).
Jalapeno Cheddar (select markets)		RIBORLAWN), WATER, MALT, SALT, MALT, BAKERS YEAST), JALAPENO PEPPERS (JALAPENO PEPPER, WATER, WNESAR, SALT, SUGAR, SPICES, AND CALCIUM CHLORIDE), CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES JANNATTO VEGETABLE COLORING - IF COLOREDJ).
Onion	4.1 115 300 20 2.0 3 0 0 0 0 530 22 61 20 4 15 8 12 0 2 2 20 F	X UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN), WATER, MALT, SALT, DEHYDRATED ONION, BAKERS YEAST.
Plain	4.1 115 300 20 2 3 0 0 0 0 0 530 22 60 20 4 14 7 12 0 0 2 20 F 4.1 116 310 20 2.5 4 0 0 0 0 0 610 26 61 20 4 15 7 12 0 0 2 20 F	X UNBLEACHED ENGINED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIAGIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MALT SYRUP, SALT, BAKERS YEAST. X UNBLEACHED ENGINED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIAGIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID),
Pretzel Bagel (seasonal)	4.2 11.8 300 20 2 3 0 0 0 0 0 1500 63 61 20 4 16 7 12 0 0 2 20 X	WATER, MALT SYRUP, SALT, POPPY SEEDS, YEAST. X UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID),
Pumpernickel	4.1 1.15 300 20 2.0 3 0 0 0 0 560 23 62 21 4 18 10 11 0 0 2 20 F	WATER, MALT SYRUP, ROCK SALT, SALT, YEAST, SODIUM BICARBONATE (LESS THAN 1%). X UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTEED BARLEY FLOUR, NIAICN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN), WATER, MALT, WHEAT BRAN, CARAWAY SEEDS, CARAMEL COLOR, SALT, BAKERS YEAST.
Pumpkin (seasonal)	4.1 115 290 15 2.0 3 0.0 0 0 0 0 480 20 60 20 4 16 12 10 20 2 0 20 F	UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN), WATER, PUMPHIL, LIGHT BROWN SUGAR, MALT, SALT, CINNAMON, BAKERS YEAST, GINGER, NUTMEG, ALLSPICE.
Rosemary Olive Oil	4.1 115 330 60 6.0 10 .5 3 0 0 0 510 21 59 20 4 14 8 11 0 0 2 20 F	X UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MALT SYRUP, OLIVE OIL, BROWN SUGAR, SALT, ROSEMARY, YEAST.
Salt (select markets) Sesame	4.2 118 300 20 2.0 3 0.0 0 0 0 1540 64 61 20 4 14 7 12 0 0 2 20 F 4.1 116 310 30 3.0 5 0 0 0 0 0 610 25 60 20 4 15 7 12 0 0 2 40 F	 X UNBLEACHED ENDIR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN), WATER, MALTO, ROCK SALT, SALT, BAMERS YEAST. X UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN), WATER,
Sesame Whole Wheat (select markets)	42 120 300 40 4.5 7 0.0 0 0 0 620 26 56 19 6 24 5 13 0 0 2 20 F	MALT SYRUP, SESAME SEEDS, SALT, BAKERS YEAST. X WHOLE WHEAT BAGEL (FLOUR (WHOLE WHEAT, WATER) UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED
Sourdough (select markets)	4.1 1.15 2.90 1.5 2.0 3 0.0 0 0 0 0 540 2.3 56 1.9 4 1.5 7 1.1 0 0 2 2.0 F	IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHEAT GLUTEN, MALT, HONEY, SALT, YEAST), SESAME SEEDS. X UBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, WATER,
12 Grain (select markets)	4.1 115 300 20 4.5 7 0.0 0 0 0 0 410 17 55 18 6 24 6 13 0 20 4 20	SOURDOUGH CULTURE (WATER, FERMENTED WHEAT FLOUR; MALT, CRACKED WHEAT, SALT, BAKERS YEAST, WHEAT GLUTEN. X UNBELGACHED BERICHED FLOUR WHEAT FLOUR, MALTED BARLEY FLOUR, RIACIN, REDUCED INON, THAIMIN MORTHATE, RIBOFLAVIN, FOLIC ACID), WATER, 12 CRAIN BERDIO, (BROWN FLAX, BARLEY FLAKES, CORN MEAL, YELLOW FLAX MEAL, HYE FLAKES, FITHCLAE FLAKES, SAF FLAKES, BUCKWHEAT GRITS, HULLED MILLER, BROWN RICH MEAL, BROWN SEASMA SEED AND SURHFURDER SEED), WHEAT GUITEN, CHIA SEEDS, ASCORBIC
Whole Wheat	4.1 115 270 15 2.0 3 0.0 0 0 0 620 26 54 18 5 20 5 12 0 0 2 15 F	ACID, SALT, MALT, HOMEY, MOLASSES, YEAST. X. FLOUR (WHOLE WHEAT, WATER) UNBLEACHED DERICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOTAJWIN, FOLIC ACID), WHEAT GLUTEN, MALT, HONEY, SALT, YEAST
BREADS & WRAPS Clabatta Roll	42 118 320 25 3.0 5 1.0 5 0 0 0 600 25 64 21 2 8 8 10 0 10 0 30 X	X X ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACINE, IRON, THIAMINE MONONTRATE, RIBOFLAVINE, FOLIC ACID), WATER, SUGAR, YEAST, CANOLA OIL, WHEAT GLUTEN, MONO AND DIGLYCERIDES OF FATTY ACIDS, BETA-CAROTENE, ASCORBIC ACID, ANYLASE, XYLANASE, HEMICELLULASE, CELLULASE.
Wheat Bread	54 150 20 2.0 3 0.5 3 0 0 0 270 11 30 10 2 8 5 5 0 0 0 4	X ENRIGHED FLOUR OWERST FLOUR, MALTED BARLEY FLOUR, NIADON, REDUCED IRON, THAMIN MONONITHER, RIBORLAVIN, FOLIC ACID), WATER, BULGAR WHATER, WHOLE WHEST FOLIOR, HORY, YEAST, WHEST GUILTINES, SOVERA OIL, CONTAINS 2%, OR LESS OF EACH OF THE FOLLOWING: SALT, RAISIN JULE CONCENTRATE, DOUGH CONDITIONERS (CONTAINS ONE OR MORE OF THE FOLLOWING: SOUTH STREAMY) LACTIVATE, ACID LIMIT STREAMY, LACTIVATE, ACID LIMIT STREAMY, LACTIVATE, ACID LIMIT STREAMY, LACTIVATE, ACID LIMIT STREAMY, ACID
White Wrap	24 67 180 14 1.5 2 1.0 5 0 0 0 420 18 32 11 3 12 1 6 0 0 0 10	X ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, INTERESTERIFIED SOYBEAN AND COTTONSEED OIL, SALT, BAHING POWDER (CALCIUM ACID PHOSPHATE, BICARBONATE OF SODA, CORN STARCH), YEAST, CULTURED WHEAT STARCH.
COFFEE & BLENDED		
Café au Lait Café au Lait	12.0 340 150 70 8.0 12 4.5 23 0 25 8 8 4 11 4 0 0 11 8 4 0 30 0 X 16.0 452 200 93 10.6 16 6.0 31 0 33 11 11 5 15 5 0 0 15 11 5 0 40 0 X	
Café au Lait	20.0 567 249 117 13.3 20 7.5 38 0 42 13 14 7 18 7 0 0 18 13 7 0 50 0 X	CONTAINS 83-140 MG CAFFEINE PER 7 OZ SERVING* OF COFFEE
Café Latte Café Latte	12.0 340 170 80 9.0 14 5.0 26 0 25 9 8 5 13 4 0 0 13 9 6 0 30 0 X 16.0 453 226 107 12.0 19 6.7 35 0 33 12 11 7 17 5 0 0 17 12 8 0 40 0 X	CONTAINS 99-150 MG CAFFEINE PER 3 OZ SERVING* OF ESPRESSO
Café Latte Café Mocha	200 567 283 133 15.0 23 8.3 43 0 42 15 14 8 22 7 0 0 22 15 10 0 50 0 X 12.0 340 210 80 9.0 14 5.0 27 0 25 9 8 5 23 8 0 0 21 9 6 0 30 2 X	
Café Mocha	16.0 453 279 107 12.0 19 6.7 36 0 33 12 11 7 31 11 0 0 28 12 8 0 40 3 X	CONTAINS 99-150 MG CAFFEINE PER 3 0Z SERVING* OF ESPRESSO
Café Mocha Cappuccino	20.0 567 349 133 15.0 23 8.3 45 0 42 15 14 8 38 13 0 0 35 15 10 0 50 3 X 12.0 340 130 60 7.0 11 4.0 20 0 20 7 8 4 11 4 0 0 11 7 4 0 25 0 X	
Cappuccino	16.0 453 173 80 9.3 15 5.3 27 0 27 9 11 5 15 5 0 0 15 9 5 0 33 0 X	CONTAINS 99-150 MG CAFFEINE PER 3 OZ SERVING* OF ESPRESSO
Cappuccino Espresso	20.0 567 216 100 11.7 18 6.7 33 0 33 12 14 7 18 7 0 0 18 12 7 0 42 0 X 2.0 60 5 0 0.0 0 0.0 0 0 0 0 1 0 0 1 0 0 1 0 0 0 0	CONTAINS 132-400 MG CAFFEINE PER 4 OZ SERVING* OF ESPRESSO CONTAINS 66-100 MG CAFFEINE PER 2 OZ SERVING*
Espresso	3.0 90 8 0 0.0 0 0.0 0 0 0 0 0 15 0 2 0 0 0 2 0 0 0 0 0	CONTAINS 99-150 MG CAFFEINE PER 3 OZ SERVING*

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BRUEGGER'S BAGELS	á	and a second	Ca) de de la company de la com	9	Stones Tones	The Market	Draw War (9)	STORY OF STORY	(a) the Cale	Office Parce	HOLST (No.	Part of the state	SON MAN	Manager Ca Dy	(a) Salvage (b)	No.	A STATE OF THE STA	And Andrew	Manny A. C.	Car Caron	HOW (BO)	Files	AND THE PARTY OF T	A STATE OF THE STA	E MOTO CO.	Right State of the	
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Espresso Flavored Coffee												0 0															CONTAINS 132-400 MG CAFFEINE PER 4 OZ SERVING* CONTAINS 150 - 250 MG CAFFEINE* PER 12 OZ SERVING
Flavored Coffee	16.0	453		0	0.0	0	0.0	0	0	0	0 1	1 0	0	0	0	0 0	0	0	0 0	0						(CONTAINS 200 - 333 Mg CAFFEINE* PER 16 OZ SERVING
Flavored Coffee House Blend Coffee	20.0 12.0											4 0												-			CONTAINS 250 - 313 MG CAFFEINE* PER 20 OZ SERVING CONTAINS 150 - 250 MG CAFFEINE* PER 12 OZ SERVING
House Blend Coffee												1 0															CONTAINS 200 - 333 MG CAFFEINE* PER 12 02 SERVING
House Blend Coffee House Decaf Coffee	20.0	567 340	6	0		0 0			0			4 0				0 0			0 0					-			CONTAINS 250 - 313 Mg CAFFEINE* PER 20 OZ SERVING CONTAINS ~6 Mg OF CAFFEINE PER 12 OZ SERVING*
House Decar Coffee												1 0															CONTAINS -8 Mg OF CAFFEINE PER 16 OZ SERVING*
House Decaf Coffee Iced Coffee	20.0											4 0												_		-	CONTAINS ~10 MG OF CAFFEINE PER 6 OZ SERVING* CONTAINS 150 - 250 MG CAFFEINE* PER 12 OZ SERVING
Iced Coffee	16.0		5	0	0.0	0 0	0.0	0	0	0	0 1	1 0	0	0	0	0 0	0	0	0 0	0						(CONTAINS 200 - 333 MG CAFFEINE* PER 16 OZ SERVING
Iced Coffee OTHER BEVERAGES	20.0 VALUES											4 0						0	0 (0				_			CONTAINS 250 - 313 MG CAFFEINE* PER 20 OZ SERVING
Bottled Water	See labe		ARE	thailt A	O IO II	distant.	Allea	areari.	EDIE	SUPPL	HIME	AUG-COL	URERU	P PAGE	Waler	JR JISI	4445548	PROD	JUIS.	_		_		_			
Chocolate Milk Honest Tea	See labe																										
Milk	See labe																										
Naked Juice	See labe		_																					-			
Tropicana Orange Juice Vitamin Water	See labe				_				-								_		-					-			
Nantucket Nectars	See labe																									_	SUGAR, NON DAIR CREAMER (CONTAINS PARTIALLY HYDROGENATED COCONUT OIL, CORN SYRUP OILS, SODIUM CASEINATE [A MILK DERIVATIVE],
Chal Tea, Bruegger's Chal Tea, Oregon	12.0											2 0											×	L	x	F	SUGAR, NO DAIN CREAMER (UNITAINS PARTICLE THURDESPALE) UCCUMUL DIL, CHONS THOP ULS, SUDIMI CASEMALE (A MILLE THURDESPALE) SOLUM SULCOALUMINATE, SOLUM STEARCY LACTIVATE, SOLUM SUTERIAL AND THE FLAVORS, AND ARTIFICAL COLOR (ANNATTO AND TUMERIC), DAIRY PRODUCTS SOLIDS, NONFAT DRY MILK, MOLASSES (MOLASSES AND MALTODETRIN). BLICK TEA, GROUND CINNAMON, CELLULOSE GUM, NATURAL, AND ARTIFICAL FLAVOR. TRICALCIUM PHOSPHATE. MARTER, ORANIC'S VEROPORATE CANADA SURVEY, ORANIC SOLID S
																										F	FLAVORS AND CITRIC ACID (*ORGANICALLY GROWN AND PROCESSED IN ACCORDANCE WITH THE CALIFORNIA ORGANIC FOOD ACT OF 1990).
Hot Tea, Regular	8.0	227	0	0	0.0	0 0	0.0	0	0	0	0 0	0	0	0	0	0 0	0	0	0 0	0							CONTAINS 45 - 53 MG CAFFEINE PER SERVING. NUTRITIONAL INFORMATION DOES NOT INCLUDE MILK. CONTAINS ~ 47MG CAFFEINE PER 8 OZ SERVING **
Hot Tea, Herbal Hot Tea, Decaf												0															CONTAINS 30-50 MG CAFFEINE PER 8 OZ SERVING ** CONTAINS - 2 MG CAFFEINE PER 8 OZ SERVING **
Iced Tea, Brewed				0	0.0	0 0	0.0		0	0	0 0	0 0	0	0	0	0 0	0	0	0 0	0						(CONTAINS ~ 2MG CAFFEINE PER 8 0Z SERVING ** CONTAINS ~ 70.5 MG CAFFEINE PER 12 0Z SERVING**
Hot Chocolate Poured Orange Juice	16.0	454	220	0	0.0	0 0	0.0				0 0	0 0	52	17		0 44	. 4						x		X	L L	WATER, SUGAR, WHEY, CORN SYRUP SOLIDS, NONDAIRY CREAMER PARTIALLY HYDROGENATED COCONUT OIL CORN SYRUP SOLIDS, SUGAR, SODIUM SCENATE, MIN LE BERNATIVE, MONO, ADD IOLIC YEERIDS, DIPOTASSIUM PHOSPHATE, SODIUM SILLOCALLIMINATE (ANTICIAKING AGENT), SALT, SOY LECTHIN, ARTIFICIAL FLAVOR AND COLOR), COCOA (PROCESSED WITH ALKALI), NONFAT DRY MILK, SALT, CARBOXYMETHYL CELLULOSE GUM, SILLON DIXIDE (AN ANTICIAKING AGENT).
Soft Drinks - Coke	20.0	453.6				0.0			_			5 2 5 3					0		_					_			CONTAINS 50 MG CAFFEINE PER 16 OZ SERVING
Soft Drinks - Coke Soft Drinks - Coke	32.0					0.0			-			0 4					0		-					_		-	CONTAINS 62.5 MG CAFFEINE PER 20 OZ SERVING CONTAINS 100 MG CAFFEINE PER 32 OZ SERVING
Soft Drinks - Diet Coke Soft Drinks - Diet Coke	16.0	453.6	0			0.0						0 2	0	0			0										CONTAINS 62 MG CAFFEINE PER 16 OZ SERVING; CONTAINS ASPARTAME AND SACCHARIN
Soft Drinks - Diet Coke Soft Drinks - Diet Coke	20.0 32.0	907.2				0.0					12	0 3	0	0			0									-	CONTAINS 77.5 MG CAFFEINE PER 20 OZ SERVING; CONTAINS ASPARTAME AND SACCHARIN CONTAINS 124 MG CAFFEINE PER 32 OZ SERVING; CONTAINS ASPARTAME AND SACCHARIN
Soft Drinks - Sprite	16.0					0.0						0 4					0									(CONTAINS 0 MG CAFFEINE PER 16 0Z SERVING
Soft Drinks - Sprite Soft Drinks - Sprite	20.0 32.0	907.2				0.0						L3 5					0									-	CONTAINS 0 MG CAFFEINE PER 20 0Z SERVING CONTAINS 0 MG CAFFEINE PER 32 0Z SERVING
SYRUP FLAVORS												NUFACTI O								(A. N./						_	PURE CANE SUGAR, WATER, NATURAL ALMOND FLAVOR.
Almond Flavored Syrup Caramel Flavored Syrup) 0												_^			PURE CANE SUGAR, WATER, NATURAL CARAMEL FLAVOR. PURE CANE SUGAR, WATER, NATURAL CARAMEL FLAVOR.
Chocolate Syrup	1.0	28	70	0	0.0	0	0.0	0	0	0	0 6	0 3	17	6	1	4 14	<1	0	0 0) 2						1	INVERT SUGAR, WATER, SUGAR, MALTODEXTRIN, COCOA PROCESSED WITH ALKALI, GLYCERIN, SALT, CITRIC ACID, POTASSIUM SORBATE (PRESERVATIVE).
Hazelnut Flavored Syrup	1.0	28	90	0	0.0	0 0	0.0	0	0	0	0 7	7 0	22	7	0	0 21	. 0	N/A	N/A N/	A N/A				х			PRESERVATIVE). PURE CANE SUGAR, WATER, HAZELNUT FLAVOR, CONCENTRATED LEMON JUICE, SALT, CARAMEL (COLOR).
Vanilla Flavored Syrup GREAM CHRESTS	1.0	28	100	0	0.0	0	0.0	0	0	0	0 (0	25	8	0	0 25	0	N/A	N/A N/	A N/A							PURE CANE SUGAR, WATER, NATURAL VANILLA EXTRACT, NATURAL VANILLA FLAVOR.
Bacon Scallion												50 6											X	F		-	PASTEURIZED CREAM, AND NON FAT MILK, SCALLIONS, BACON, SODIUM AND CALCIUM CASENATES (MILK PROTEINS), SALT, CITRIC, PHOSPHORIC, AND ACETIC ACIDS, XANTHAN, LOCUST BEAN, AND GUAR GUMS, POTASSIUM SORBATE (MAINTAINS FRESHNESS), NATURAL FLAVOR.
Cucumber Dill (seasonal)	1.5	43	140	110	13.0	0 20	6.0	30	0	35 1	12 12	20 5	3	1	0	0 1	3	8	0 6	0			X	٠,			PASTEURIZED CREAM, AND NON FAT MILK, CUCUMBERS, SODIUM AND CALCIUM CASEINATES (MILK PROTEINS), DILL, SALT, CITRIC, PHOSPHORIC, AND ACETIC ACIDS. XANTHAN, LOCUST BEAN, AND GUAR GUMS, POTASSIUM SORBATE (MAINTAINS FRESHNESS). NATURAL FLAVOR.
Garden Veggie												10 6											x	٠		F	PASTEURIZED CREAM, AND NON FAT MILK, CARROTS, SCALLIONS, RED PEPPERS, SODIUM AND CALCIUM CASEINATES (MILK PROTEINS), SALT, CITRIC, PHOSPHORIC, AND ACETIC ACIDS, XANTHAN, LOCUST BEAN, AND GUAR GUMS, POTASSIUM SORBATE (MAINTAINS FRESHNESS), NATURAL FLAVOR.
Honey Walnut	1.5	43	150	110	12	18	6	32	0	35 1	11 12	25 5	8	3	<1	2 3	3	10	0 6	0			X	×			PASTEURIZED CREAM, AND NON FAT MILK, WALNUTS, HONEY, SODIUM AND CALCIUM CASEINATES (MILK PROTEINS), SALT, CITRIC, PHOSPHORIC, AND ACETIC ACIDS, XANTHAN, LOCUST BEAN, AND GUAR GUMS, POTASSIUM SORBATE (MAINTAINS FRESHNESS), NATURAL FLAVOR.
Jalapeno	1.5	43	140	120	13	20	8	38	0	45 1	14 15	50 6	4	1	0	0 2	3	8	0 6	0			x	•		F	PASTEURIZED CREAM, JALAPENO PEPPERS, NONFAT MILK, SODIUM AND CALCIUM CASEINATES (MILK PROTEINS), GREEN PEPPERS, CRUSHED RED PEPPERS, SALT, CTITIC, DIOSPHORIC, AND ACETIC ACIDS, XANTHAN, LOCUST BEAN, AND GUAR GUMS, POTASSIUM SORBATE (MAINTAINS FRESHINESS), NATURAL FLAVOR.
Light Garden Veggie		43		50								05 4						10	4 6	8			x	_		F	CULTURED SMM MILK, PASTEURIZED CREAM, CARROTS, SCALLIONS, PASTEURIZED NONFAT MILK, WHEY PROTEIN CONCENTRATE, SODIUM AND CALCIUM CASEMATES (MILK PROTEINS), SALT, CITRIC, PHOSPHORIC, AND ACETIC ACIDS, XANTHAN, LOCUST BEAN, AND GUAR GUMS, DRIED RED PEPPER, ONION POWDER, POTASSIUM SORBATE (MAINTAINS PRESINESS), CELERY SEED, GARLIC POWDER, NATURAL FLAVOR.
Light Herb Garlic			100									25 5						4	0 8	3 2			x	ľ		(CULTURED SMIM MILK, PASTEURIZED CREAM, PASTEURIZED NONFAT MILK, WHEY PROTEIN CONCENTRATE, SOOIUM AND CALCIUM CASENATES MILK PROTEINS, GARILC, DRIED CHIEFS, BLICK, PEPPER, ONION POWDER, DOCEANO, MADIORAND, MILL SAGE, BASIL SALT, CITINC, PHOSPHORIC, AND ACETIC ACIDS, XANTHAN, LOCUST BEAN, AND GUAR GUMS, POTASSIUM SORBATE (MAINTAINS FRESHNESS), NATURAL FLAVOR.
Light Plain												30 5											x	ľ		F	CULTURED SMIM MILK, PASTEURIZED CREAM AND NONFAT MILK, WHEY PROTEIN CONCENTRATE, SODIUM AND CALCIUM CASEINATES (MILK PROTEINS), SALT, UTRIC, PRIOSPHORIC, AND ACETIC ACIDS, XANTHAN, LOCUST BEAN, AND GUAR GUMS, POTASSIUM SORBATE (MAINTAINS FRESHNESS), NATURAL FLAVOR.
Olive Pimiento	1.5	43	140	120	13	20	6	29	0	45 1	14 13	30 5	3	1	0	0 1	3	10	0 6	0			x	r			PASTEURIZED CREAM, OLIVES (WITH PIMIENTOS), NON FAT MILK, MILK PROTEINS, LESS THAN 2% OF SALT, NATURAL ACIDS, XANTHAN, LOCUST BEAN, AND GUAR GUMS, POTASSIUM SORBATE (MAINTAINS FRESHNESS).
Onion and Chive	1.5	43	140	110	13	20	8	40	0	35 1	12 10	05 4	3	1	0	0 2	3	15	6 4	0			х	F		F	PASTEURIZED CREAM, DICED ONIONS, NONFAT MILK, SODIUM AND CALCIUM CASEINATE (MILK PROTIENS), CITRIC, PHOSPHORIC, ACETIC AND LACTIC
Plain	1.5	43	130	100	11	17	7	35	0	40 1	13 12	25 5	6	2	<1	2 2	3	10	0 6	0			х			F	ACIDS, CHIVES, SALT, XANTHAN, LOCUST BEAN AND GUAR GUMS, POTASSIUM SORBATE (MAINTAINS FRESHNESS). PASTEURIZED CREAM, AND NON FAT MILK, SODIUM AND CALCIUM CASEINATES (MILK PROTEINS), SALT, CITRIC, PHOSPHORIC, AND ACETIC ACIDS,
Pumpkin (seasonal)												35 6											х	F		F	KANTHAN, LOCIST BEAN, AND GUAR GUINS, POTASSUM SORBATE (MAINTAINS FRESHNESS), NATURAL FLAVOR. PASTEURIZED CREAM, PUMPKIN BASE (PUMPKIN PUREE, CORN SYRUP, SUGAR, BROWN SUGAR, SPICES, CITRICA CID, SALT, ANNATTO EXTRACT [FOR COLOR], SODIUM BENZOATE AND POTASSUM SORBATE [PRESERVATIVES]), NOV FAT MILK, MILK PROTEINS, LESS THAN 2'S, OF SALT, NATURAL ACIDS,
Smoked Salmon	1.5	43	150	120	1.3	21	6	32	0	40 1	13 15	50 6	3	1	<1	2 2	3	10	0 6	5 0	×		х)	XANTHAN, LOCUST BEAN, AND GUAR GUMS, POTASSIUM SORBATE (MAINTAINS FRESHNESS). PASTEURIZED CREAM, AND NON FAT MILK, SMOKED SALMON, SODIUM AND CALCIUM CASEINATES (MILK PROTEINS), SALT, CITRIC, PHOSPHORIC, AND
Strawberry												00 4											x	7		F	ACETIC ACIDS, XANTHAN, LOCUST BEAN, AND GUAR GUMS, POTASSUM SORBATE (MAINTAINS FRESHNESS), NATURAL FLAVOR PASTEURIZED CREAM, STRAWBERRY PRESERVES (STRAWBERRIES, CANE SUGAR SYRUP, MODIFIED FOOD STARCH, STRAWFR FLAVOR WITH OTHER NATURAL FLAVORS, CITRIC ACID, POTASSUM SORBATE, ARTIFICAL COLOR (RED #40)), NONFAT MILK, SODIUM AND CALCIUM CASEINATE (MILK
Maple (seasonal)	1.5	43	140	120	13.0	0 20	7.0	35	0	35 1	12 11	LO 5	4	1	0	0 4	3	15	0 2	. 0			x	,		F	PROTEINS, OTTRIC, PHOSPHORIC, ACETIC AND LACTIC ACIDS, SALT, XANTHAN, LOCUST BEAN AND GUAR GUMS, POTASSIUM SORBATE (MAINTAINS FRESHNESS). PASTEURIZED CREAM, MAPLE STRUP, NON FAT MILK, MILK PROTEINS, LESS THAN 2% OF SALT, NATURAL ACIDS, XANTHAN, LOCUST BEAN, AND GUAR GUMS, POTASSIUM SORBATE (MAINTAINS FRESHNESS).
SALADS & DRESSINGS	SALADS		€S:IN0			24774																					
Mixed Greens Base Blue Apple	4.0	113	20	5	0.0	0 0	0.0					5 1 00 33											x	x	х	X !	RIOMANNE LETTUCE, ARUGULA. MIXED GREENS (ROMANNE, ARUGULA), DICED CHICKEN BREAST, (CHICKEN BREAST, WATER, VEGETABLE OIL, SEASONING [SALT, ROAST CHICKEN PLAVOR (CONTAINS AUTOL/VEZ) VEAST EXTRACT, DECOLORIZED SOY SAUCE [WATER, SOVBEANS, WHEAT, AND SALT], AND TAPIOCA DESTRIN, SUAR, TOTRICA CODI, SALT, RICE STARCH, LEMON PROSPHATE (SOUDIM PHOSPHATE SOAD LEMON DIEGO CONCENTRATE, I, RANOVORNO (VEGETABLE OIL, EXTRACTS OF ROSEMARY, MONO AND DIGLYCERIDES AND LECTHINI, LEMON JUICE POWDER (CORN STRUP SOLIDS, LEMON JUICE SOLIDS), APPLE, BUIC CHEESE CRIMINELS (SATSTEURES) DILIC, OHESE ONLING, SALTE (VILTURE, SALT, I, EXTRACTS, MOLD, NATAWORN, POWDERED CELLIOSET OF PREVENT CANNO),
Chicken Caesar	7.7	220	200	70	8.0	12	2.5	13	0	40 1	13 63	30 26	14	5	3 1	2 2	17	170	20 1	5 8			х	Н	x	X I	ARUGULA, DRIED CRANBERRIES (CRANBERRIES, SUGAR, SUNFLOWER OIL), ALMONDS, SALT. MIXED GREENS (ROMAINE, ARUGULA), CHICKEN BREAST (CHICKEN BREAST, WATER, VEGETABLE OIL, SEASONING (SALT, ROAST CHICKEN FLAVOR

				Brues	ger's B	agels I	lutrition	al Info	rmation	1												F	MANUFA	ertina	IN A F	ACILI	Y THAT PROCESSES THIS ALLERGEN
BRUEGGER'S BAGELS AMBERIC NEW YORK STYLE	4	Same Ser	ST. SHAME	(a) 18	Strongs Age	A CONTRACTOR	Service APT (B)	Carrie Grands Street	The state of	Storage Street	STOLENING (No.)	South Co.	Cape Cape	Manual Control Control	A STATE OF THE STA	The Co.	Special Specia	Manager (a)	Market All De.	Ca. Caron	Mon. Markey	GO ST.		A STATE OF THE STA	The King Parkers	S S S S S S S S S S S S S S S S S S S	
Breakfast Bagel - Fresh Cracked Egg / Cheese / Ham	8.5	240	500	130	15.0	23	5.0 2	25 (250	0 83	1280	53	64 2	1 4	16	10	31	10 0	20) 25	X		x		1	X	PASTEURIZED EGGS, PLAIN BAGEL (UNBLEACHED ENRICHED FL. DUR [WHEAT FL. DUR, MALTED BARLEY FL. DUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN), WATER, MALT, SALT, BAKERS YEAST), SHAVED HAM (CURED WITH WATER, HONEY, SALT, POTASSUMI LACTATE, SUGAR, SODIUM PHOSPHATES, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE), CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, EXYMES (ANANTOY VEETABLE COLORING- IF COLORED).
Breakfast Bagel - Fresh Cracked Egg / Cheese / Sausage	8.2	233	610	270	30.0	46	11.0 5	55 (260	0 87	1010	42	62 2	1 4	16	8	30	10 0) 20) 25	x	T	х			x	SALI, EXTIMES JANNALI U'UELE MBLE CULORING I FULUREUJI. PASTEINIZEZ DESS, PALIN BAGIEL (UNE LEGACED PAIGNET FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLANINI, WATER, MALT, SALT, BAKERS YEASTS, SAUSAGE (PORK, WATER, SALT, SPICES, DEXTROSE, SUGAR, AUTOLYZED YEAST, LIME FLAVOR (DORN SYUP) SOLIDS, LIME JULES COSIDES, NATURAL FLAVORS, I FLAVORING, TERB, BAJT, CITRIC AGD, LICETOR CHEESE THE PAGE OF THE SYSTEP SOLIDS, LIME JULES COSIDES, NATURAL FLAVORS, I FLAVORING, TERB, BAJT, CITRIC AGD, LICETOR CHEESE THE STATE OF
Breakfast Bagel - Fresh Cracked Egg / Cheese / Turkey Sausage	8.2	232	530	170	19.0	29	7.0 3	35 (270	0 90	1000	42	62 2	1 4	16	8	31	10 0) 20) 30	x		х			x	(PASTEURZED MILK, CHEESE CULTURE, SALT, ENZYMES JANNATTO VEGETABLE COLORING- IF COLORED)). PASTEURIZED EOS, PLAND BAGEL (UNBEACHED ENRICHE FOUR) (PIMERT FOUR, MAITED BABLET FLOUR, NIACIAN, REDUCED IRON, THAMIN MONONITRATE, RIBOFLANINI), WATER, MALT, SALT, BAKERS YEAST, TURKEY SALKSAGE (TURKEY, WATER, SALT, SPICES, SPICE EXTRACTIVES), CHEDDAI CHEESE (PASTEURZED MILK, CHEESE CULTURE, SALT, FAVENS) SANNATTO VEGETABLE COLORING- IF COLOREDI).
Classic Wrap w/Bacon	9.2	261	760	450	50.0	77	18.0 9	90 (43!	5 145	5 1670	70	40 :	3 3	12	6	37	15 0) 30) 20	x		X		x	X	
Classic Wrap w/Ham	9.5	268	590	290	32.0	49	12.0 €	60 (410	0 137	7 1550	65	39	3 3	12	5	32	15 0	30	20	X		x		x	X	WHOLE EGO PATTY (WHOLE EGOS, WATER, SOVERAN OIL, CONTAINS LESS THAN 2% OF CITRIC ACID, LUQUID PEPPER EXTRACT, MODIFIED FOOD STARCH, SALT, WHEY, WHITE WARP, ENRICHED EMBERT LIOUR (FLOUR, NAION, REDUCED RION, HAMME MONONITHATE, RISDICALNON, FOLICA CIDIO, WATER, INTERESTERRIFED SOVERAN AND CONTONSEED OIL, SALT, RAINEN POWDER (CALCIUM ACID PHOSPHATE, BICARBONATE OF SOMA, CORN STARCH), YEARS HAMME (CUERD WITH WATER, ROMEY, SALT, POTASSIUM LACTATE, SUGAR, SOMUL PHOSPHATES SODIUM DIACETATE, SODIUM BEYTHORBATE, SODIUM NITRITE), CHEDDAR CHESSE (PASTEURZED MILK, CHESSE CULTURE, SALT, ENZYMES (ANNATTO VEGETABLE) COLORING» FOR CORPORTION OF CORN CORN CORN CORN CORN CORN CORN CORN
Classic Wrap w/Sausage	9.2	261	710	430	47.0	72	18.0 9	90 (420	0 140	1280	53	37	2 3	12	3	31	15 0	30	20	X		x		x	X	WHOLE EGO PATTY (WHOLE EGOS, WATER, SOVERAN OIL, CONTAINS LESS THAN 2% OF CITRIC ACID, LUQUID PEPPER EXTRACT, MODIFIED FOOD STARCH, SALT, WHEY, WHITE WARP PERINCHED WHEAT FLOUR FILOUR, FLOUR, FLOUR, FELOUR, THAMME MONONITHATE, RIGIDALIAN, FOLICA CIDIO, WATER, INTERESTERIFIED SOVERAN AND COTTONSEED OIL, SALT, BAINDA POWDER (CALCIUM ACID PHOSPHATE, BICARBONATE OF SODA, CORN STARCH), VESACI STARCH), VESACI STARCH), SALTS ATSACH), SALTS AT STARCH), SALTS AT STARCH, SALTS AT STARCH SALTS
		260									3 1270												x		x		WHOLE GO PATTY (WHOLE GOGS, WATER, SOWERA) OIL, CONTAINS LESS THAN 2%, OF CITRIC AGD, LIQUID PEPPER EXTRACT, MODIFIED FOOD STARCH, SALT, WHEFY, WHITE WRAP (ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THAMAINE MONONITRATE, RIGIOLAVID, FOLLCACID), WATER, INTERESTERRIFED SOYBEAN AND COTTONSEED OIL, SALT, BAUNIN POWDER (CALCIUM AGD PHOSPHAIR; BICARBONATE OF SODA, CORN STANCH, YEAST, CULTURED WHEAT STANCH, TURKEY SAUSAGE (TURKEY, WATER, SALT, SPICES, SPICE EXTRACTIVES), CHEDDAR CHEESE (PASTEURZED MIKE, CHEESE CULTURES, SALT, PEXTEMS (ANANTO YOEGTRAGE COOLRING).
Classic Wrap - Fresh Cracked Egg w/Bacon	9.2	260	700	390	43.0	66	17.0 8	35 (50	5 168	3 1480	62	37	2 3	12	5	42	20 0	30	20	x		x		x	X	PASTEURIZED EGGS, WHITE WRAP (ENRICHED WHEAT FLOUR FLOUR, NACIN, REDUCED IRON, THAMINE MONONITRATE, RIBOTLAYN, FOLD CACID, WATER, INTERESTRIPIED SOYEBEAN AND COTTONSEED OIL SALT, BARING POWDER (CALCIUM ACD PHOSPHATE, BIGARBONATE OF SOAD, CORN STARCH), YEAST, CULTURED WHEAT STARCH, BACON (QUEED WITH WATER, SALT, SURAR, MAPLE FALVOR (WATER, MIXED TRIGLYCERIDES, FALVOR, GELATIN, CORN SYRUP, CARAMEL, COLO, CTITRIC AGD, SOOIMIN CARBOOTMATH-CLELLLIOSE GUM, GUM ARRIGE, XATTHANS GUM, SOOIMIN BENZOATE SOOIMIN BETYTHORBATE, SOOIMIN MITTEI, CHEDDAR CHESSE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES (ANNATTO VEGETABLE COLORING). IF SOOIMO STARCH COLORING IS TO COLORION. IF SOOIMO STARCH COLORING IS TO COLORION.
Classic Wrap - Fresh Cracked Egg w/Ham	9.4	267	530	230	26.0	40	11.0 5	55 (480	0 160	1370	57	37 :	2 3	12	4	37	20 0	35	5 25	x		x		x	X	PASTEURIZED EGGS, WHITE WIRAP (ENRICHED WHEAT FLOUR (FLOUR, NIACM, REDUCED BRON, THAMINE MONOMITEATE, RIBOFLAWN, FOLIC ACID), WATER, INTERESTERIFED SOYBEAN AND COTTONSEED OIL, SALT, BANING POWDER (CALCIUM ACID PHOSPHATE, BICARBONATE OF SODA, CORD), WATER, INTERESTERIFED SOYBEAN AND CONTROL STARCH, YEAST, CULTURED WHEAT STARCHS, SHADEN HAM (CURED WITH WATER, HONEY, SALT, POTASSIUM LACTATE, SUGAR, SODIUM PROPHATE: SODIUM DIACETATE, SODIUM BRYTHORBATE, SODIUM NITRITE), CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES JANNATTO VEGETABLE COLORING IF OCOROTION.
Classic Wrap - Fresh Cracked Egg w/Sausage																							X			"	PASTEURIZED EGGS, WHITE WRAP (ENRICHED WHEAT FLOUR FLOUR, NACIN, REDUCED IRON, THAMINE MONONITRATE, RIBOFLAVIN, FOLC ACID), WATER, INTERSETRIFIED SOYERS AND COTTONSEED OIL, SALT, BANNE POWDRE (JACLIUM AND PHOSPHATE, BICARBONATE OF SOAD, CORN STARCH), YEAST, CULTURED WHEAT STARCH), SAUSAGE (PORK, WATER, SALT, SPICES, DEXTROSE, SUGAR, AUTOLYZED YEAST, LIME FLAVOR (CORN STRUP SOLUDS, LIME JULES SOLUDS, NATURAL FLAVOR), FLAVORIN, TSHQ, BHJ, CTIME ACID, LACTIC ACID), CHEDDAR CHEESE (PASTEURIZED MILK, CHESE CULTURE, SALT, PEXYMES INANITO VEGETABLE COLORING - 10 COLORDO-).
Classic Wrap - Fresh Cracked Egg w/ Turkey Sausage	9.2	259	560	270	30.0	46	13.0 €	65 (500	0 167	7 1090	45	35 :	2 3	12	3	38	20 0	35	5 25	x		x		x	X	PASTEURZED EGGS, WHITE WRAP (ENRICHED WHEAT FLOUR FLOUR, NACHN, REDUCED BRON, THAMMEN MONONITRATE, RIBOFLAWN, FOLIC ACID), WATER, INTERSETREPIED SOWERS AND CONTONSEED OIL, SALT, BANING POWDER (CALCIUM ACID PHOSPHATE, BIGARBONATE OF SOAD, CONN STARCH), WAST, CULTURED WHEAT STARCH), TURKEY SAUSAGE (TURKEY, WATER, SALT, SPICES, SPICE EXTRACTIVES), CHEDDAR CHEESE (PASTEURZED MICH, CHEESE CULTURES SALT, REVIEWS (MANATOT VEGETABLE COLORING). EVOLORED).
Skinny Zesty Egg White Sandwich / Plain Bagel	7.0	199	410	120	13.0	20	5.0 2	25 (55	5 18	880	37	47	6 3	12	6	26	8 4	1 15	5 15	X		x			X	EGG WHITE PATTY (EGG WHITES, CARPAGEENAN, MODIFIED FOOD STARCH, NATURAL EGG FLAVOR (NATURAL REACTION FLAVOR, GUSZERIN), SALT), PHAIN BAGEL (JUNEBLACHED ENHIGHED FULUR) WHATE HOLD, MAINTED BARLEY FOLIUR, MANDE REMETE FOLIUR HOLD, REDUCED RION, THAMAM MOYNOWITEATE. RIBOFLAWIN, FOLIC ACID), MAIT, SALT, BAKERS YEAST), TURKEY SALSAGE (TURKEY, WATER, SALT, SPICES), WATER, SWISS CHESE (PASTERIZED PARTSKIMM ILM, CHESE GULTURE SALT, FEXTURES), SUNDIFIED TRANGT SEPERAD (SINI PREPINED FOMAN TOMATO SOLIDOS, SUN DIREIR DROMA TOMATO SOLIDOS, SUN DIREIR DROMA TOMATO SOLIDOS, SUN DIREIR CHEMATOM TOMATORS, CANOLA OIL, EXTRA VIRGIN CULB BUTTER (RERAM, MILK, SALT), DEHYDRATED DONON, DEHYDRATED GARLIC, ROMANO CHEESE (MILL SALT), ENLYPORATED ONNON, DEHYDRATED GARLIC, ROMANO CHEESE (MILL SALT), ENLYPORATED CHEESE (MILL SALT), ENLYPRORATED CHEESE (MILL SAL
,											1520											x	х				PLAIN BAGEL (LINBELEACHED ENDICHED ELOUR (INWEAT FLOUR, MALTED BARLEY FLOUR, NAIGH, REDUCED IRON, THAMAIN MONONITBATE, RIBOFLAVINI), WATER, MALT, SALT, BAKERS YEAST), SALMON (SALMON, SALT, HARDWOOD SMOKE), FRESH TOMATO, PLAIN CREAM CHEESE (PASTEURIZED CREAM, AND NON FAT MILK, SODIUM AND CALCIUM CASEINATES (MILK PROTEINS), CITRIC, PHOSPHORIC, AND ACTIC ACIDS, XANTHAN, LOCUST BEAN, AND GUAR GUINS, POTASSIUM SORBATE (MAINTAINS FRESHNESS), NATURAL FLAVOR), FRESH RED ONIONS, CAPERS (CAPERS, WATER, SALT, WINE VINGERS).
Bagel											1670												x		x	ľ	WHOLE EGG PATTY (WHOLE EGGS, WATER, SOVERAN OLL, CONTAINS LESS THAN 2'S). OF CITRIC ACID, LIQUID PEPPER EXTRACT, MODIFIED FOOD STARCH, SALT, WHIPP, FLAH ROBGEL (WINELEACHED FLOUR) WHATER FLOUR, MALTED BARREY FLOUR, MATCH ROMAN, REDUCED IRON, THAMIN MONONITRATE, RIBOFLAWIN, FOLIC ACID), WATER, MALT, SALT, BANKERS YEAST), SAUSAGE (PORK, WATER, SALT, SPICES, DEXTROGE, SUGAR, AUTOLYZED YEAST, LIME FLAVOR (ORDN SYMUP SOLIDS, LIME FLUOR) CORNOR SYMUP SOLIDS, ANTURIAL FLAVOR, FLAVORING, TBR), BHT, CTRIC ACID, LCTIC ACID), RED BELL PEPPER, SRIRACHA SAUCE (CHILL) SUGAR, SALT, GARILLO, DESTILLED WINECARE, POTASSIJIM SORBATE, SODIUM BISULITED AND XANTHAM GUIM), CHEDDAR CHESSE (PASTEUDED WINEC CHESS CHEST MICH SCHEME) AND THE CHESSE (PASTEUDED WINECARES CHEST MICH SCHEME). FOR THE START SHAPE START SHAPE START SHAPE START SHAPE START SHAPE
Sriracha Egg Sandwich - Fresh Cracked Egg / Sausage / Plain Bagel	10.7	304	650	270	30.0	46	11.0 5	55 (260	0 87	1580	66	70 2	3 4	16	15	30	35 9	0 20	30	x		x			X	PASTEURIZED EGGS, PLAIN BAGEL (UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NAIGN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN), WATER, MALT, SALT, BAKERS YEAST), SAUSAGE (PORK, WATER, SALT, SPICES, DEXTROSE, SUGAR, AUTOLYZED YEAST, LIME FLAVOR (DORN SYRUP SOLIDS, LIME JUICE SOLIDS, NATURAL FLAVOR), FLAVORING, TBIRG, BHT, CITRIC ADD, LACTIC ADD), RED PEPPER, SRIRACHA SAUCE (CHILL SUGAR, SALT, GARILC, DISTILLED VINEAR, POTASSIJIM SORBATE, SODIUM BISULFITE AND XANTHAN GUM), CHEDDAR CHEESE (PASTEURZED MILK, CHEES CULTURE, SALT, FLAVYMES IANNATTO VEGSTRAISE COLORING I FOLOGRED).
											1210												X		×		PLAIN BAGEL (INNELEACHED ENRICHED FLOUR (WHEAT FLOUR MALTED BARLEY FLOUR, NAIGH, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN), WARTE, MALTO, SALT, MALT, BAKERS YEAST, WHOLE GEG PATTY (WHOLE GEGS, WATTER, SOVEREAL (LO CONTAINS, LESS THAN 2% OF CITRIC ACID, LIQUID PEPPER EXTRACT, MODIFIED FOOD STARCH, SALT, WHEY), CHEDDAR CHEESE (PASTEURIZED MILK, CHESSE CULTURE, SALT, ENZYMEZ (ANNATTO YEETHBALE COLORING - IF COLORED), CHIPOTIE SAUCE (YEETRBALE OIL (SOVEREAL, CANOLAL), NIVEGAR, CHIPOTIE PEPPER, RAWGED JALAPENO, NIVEGAR, ONION, COMATO PASTE, SALT, SUGAR, OIL, SPICES, EGG YOLK, CORN SYRUP, SALT, LIME JUICE, SPICE, NATURAL GARRIE, FLAVOR, ONION, GARLIC, NATURAL SANORE FLAVOR, CALCIUM DISCOUM EDTA AS A PRESERVATIVE, BACON (CURED WITH WATER, SALT, SUGAR, MALTE FLAVOR, MATER, MILKET PRICE, VERDERS, PLAYOR, GALTIN, CORN SYRUP, CARAMEL COLOR, CRITIC ACID, SODIUM CARBOX/WATER/MACT PRICE AND CARGOX/WATER/MACT PRICE AND PRICE PRICE SOLIUM ARBIDE, XANTHAN GUM, SODIUM BENZOATE, SODIUM EPYTHORBATE, SODIUM NITRITE; FRESH RED ONION FRESH GREED PEPPERS, ROBERTO ED PEPPERS, RICH PEPPERS, RICH OWATER, SALL STANDATE, SALD, FRESH GREED PEPPERS, ROBERTO ED PEPPERS, RICH PEPPERS, RICH OWATER, SALD, FROMATO, AUGHERS AND CARGOX OWATER, SALD, CTRICA CADI). FRESH TO NOMATO.
Western - Fresh Cracked Egg / Plain Bagel	9.1	258	670	300	34.0	52	10.0 5	50 0	25	5 85	1190	50	66 2	2 4	16	11	30	15 4	0 20	25	x		x		X	X	UNBLEACHED ENTIGHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIAGIN, REDUCED IROW, THAIMIN MONONITRATE, RIBOTLAVIN, FOLL ACID, RESHER HORACKED EGO PASTEURIZED EGGS, WATER, BACKON (URBED WITH WAITE, BALT, SUGAR, MANEL FLAVOR, MATTER, MIXED TRIGHCHERIDES, FLAVOR, GELATIN, CORN SYRUP, CARAMEL COLOR, CITRIC ACID, SODIUM CARBODYMATHYCELLUIOSE GUIN, GUIN ARBIG, XANTHAN GUIN, SODIUM BENZOATES, SODIUM RITHORAGET, SODIUM NITHERS, LOFEDDAR CHESEE (PASTEURIZED MIK, CHESE CULTURE, SALT, FEXYMES INANATTO VEGETABLE COLORING - IF COLORED), CHIPOTLE SALDE (VEGETABLE OIL SOVERBAN, CANOLA), VINECARA, CHIPOTLE PEPPER, SOWKED JALAPENO, WINEGAR, CHINO, TONATO PASTES, SEAT, SUGAR, OIL SORDES, EGG VOLK, CORN SYUPP, SALT, LIBE JUICE, SPICE, ATTURAL GARLILE FLAVOR, CHON, GARLIC, NATURAL SMOKE FLAVOR, CALCIUM DISODIUM EDTA AS A PRESERVATIVE, FRESH RED ONIONS, FRESH GREEN PEPPERS, Beil Pepper, Mattelerm 10000 L. Still, Maltores do, Baker's Yeast.

				Bruerla	gor's Ba	gels N	utritions	i inform	ation												F= N	ANUIZA	eruna	IN A	well	TY THAT PROCESSES THIS ALLERGEN
BRUEGGER'S BAGELS	4	September 1	A THE OWNER OF THE PERSON NAMED IN COLUMN STATE OF THE PERSON NAME	(a)	WORRS FROM	the state of	(a) The Man (a) The Co.	SATURATION OF SATION	Manage Con	September 100	Son.	Spooling.	Constitution (& Day	(a) Walter	Partie (a)	Supple Supple	Man (a)	Market CR. Dr.	CHCON COR DIV	HOW AS	id.		THE PARTY OF THE P	THE MAY PERMIT	S. CO.	
Pastrami, Egg & Swiss / Pumpernickel Bagel	7.9	224	490	150	16.0	25	5.0 2	5 0	195	65 100	00 42	65	22 4	1 16	11	24	8 0	15	25	X		X		×	×	PUMPERNICKEL BAGEL (UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTE BBATELY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN), WATER, MALT, WHEAT BRAN, CARAWAY SEEDS, CARAMEL, SALT, YEAST), WHOLE EGG PATTY WHOLE EGGS, WATER, SOYBEAN OIL CONTAINS LESS THAN 2'S OF CITRIC ACID, LIQUID PEPPER EXTRACT, MODIFIED FOOD STARCH, SALT, WHEY), SWISS CHEESE (PASTEURIZED PART-SKIM MILK, CHESEZ CULTURE, SALT, EXCENTINES, PASTRAMI (CULTURE WITH WATER, SALT, SUGAR, SOUDIUM PROSPHATES, SEASONING (SALT, FALORING), SODIUM ERYTHORBATE, SODIUM NITRITE, FLAVORING, SEASONING INGREDIENTS: SPICES, SALT, CARAMEL COLOR, SUGAR, SMOKE FLAVOR).
Pastrami, Egg & Swiss - Fresh Cracked Egg / Pumpernickel Bagel	7.9	224	460	120	13.0	20	4.5 2:	3 0	230	77 31	0 38	64	21 4	1 16	11	26	8 0	20	25	X		x			X	PLIMPERINCKEL BAGEL (UNBLEACHED EMRICHED FLUIR (WHEAT FLUIR, MALTED BARLEY FLUIR, MAICH, REDUICED IRON, THIAMIN MONONITRATE, IBIOFLAWIN, WATER, MALT, WHEAT BARN, CARAWAY SEEDS, CARAMEL, SAIT, YAST, FRESH CROCKED EGG (PASTEURIZED EGGS, SWISSO GLEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES), PASTRAMI (CURED WITH WATER, SALT, SUGAR, SODIUM PHOSPHATES, SEASONING [SALT, FLAVORING], SODIUM ERYTHORBATE, SODIUM NITRITE, FLAVORING, SEASONING INGREDIENTS, SPICES, SALT, CARAMEL COLOR, SUGAR, SMOKE FLAVOR).
DELI SANDWICHES BLT / Plain Bagel	7.6	216	530	210	23.0	35	5.0 2	5 0	35	12 100	00 42	64	21 4	1 16	10	19	8 1	5 2	20	X	ī			X	X	PLAIN BAGEL (UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR. NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBDFLAWN, FOLUE ACID), WATER, MALT SYBUP, SALT, YEAST, TOMANCES, BACON (CURED WITH WATER, SALT, SUGAR, MAPLE FLAVOR (WATER, MIXED TRIGLYCERIDES, FLAVOR, GELATIN, CORN SYRUP, CARAMEL COLOR, CITRIC ACID, SODIUM CARBONYMATYLYCLELLUIOSE GUM, GUM ARBIIC, XANTHAN GUM, SODIUM BENZOATE, SODIUM EMYTHORBATE, SODIUM MITHTE, MAYONNASE GVEETABLE OIL (SOVERAN, CANOL), EGG YOLK,
BLT / Wheat Broad	9.0	255	610	390	44.0	68 1	.0.0 5	0 0	70	23 120	00 50	38	13 2	2 8	11	18 1	15 30	0 0	4	x				х	х	VINEGAR, CORN STRUP, WATER, SALT, SPICES, CALCIUM DISODUM BETÄ TO PROTECT FAVOR), LETTUCE. WHEAT BERGA (PRINCHED FLOIR) WHEAT FLOUR, AILED BARLEY FLOUR, NALIGAN, REDUCED INDO, THAIMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, BULGAR WHEAT, WHOLE WHEAT FLOUR, HIGH FRUCTOSE CORN STRUP, WHEAT BRAIN, HONEY, YEAST, WHEAT GUITEN, SOYBEAN OIL, CONTAINS 2: OR OLES SOF EACH OF THE FOLIO-WING SALT, RAISIN JULIC GONCENTRATE, DOUGH CONDITIONES GOTHAINS OR OR OWNED OF THE FOLICATION. SO THE FOLICATION OF THE FOLIO-WING SALT, RAISIN JULIC GONCENTRATE, DOUGH CONDITIONES GOTHAINS OR GO WHOSE OF THE FOLICATION. SO THE FOLICATION OF THE FOLICATION
Chicken Breast / Plain Bagel	11.3	321	550	50	6.0	9	1.5 8	8 0	60	20 133	55	81	27	1 16	27	37	8 25	5 2	25	X				x	X	SALL SHE'S CALCUME DISSURING REPAIR OF THE ADMINISTRATION OF THE A
Chicken Breast / Wheat Bread	14.3	406	650	70	8.0	12 :	2.5 1	3 0	60	20 144	60	100	33 4	1 16	49	35 1	15 30	0 4	15					x	X	CHOICHS BREAST (CHICKEN BREAST, WATER, VEGETABLE OIL, SEASONING (SALT, ROAST CHICKEN FLAVOR (CONTAINS AUTOLYZED YEARS EXTRACT EXTRACT DEPOLICATED, SO SALED (MATER, SOYBEANS, WHEAT, AND SALT), AND TAPOCO DESTRIN, SUGAR, CHICK ACIDI, SALT, RICE STARCH, LAND SALT, ROAD TAPOCO DESTRIN, SUGAR, CHICKE, CONTAINS, AND LEMON JUICE CONCENTRATE, FLAVORING (VEGETABLE OIL, EXTRACTS OF ROSEMARY, MONO AND DIGLYCERIDES AND LECHTIMH, LEMON JUICE POWER (CHON SYMP SOLDLE). ELMON JUICE SOLDIOS), FRESH TOMATO, HONEY MUSTARD (SUGAR, WINEGAR, MUSTARD, WATER, CONTAINS LESS THAN 2'S, OF HONEY, CORN SYMP, SOUBLES AND IL, SALT, MOLDASSES, SPICES, TUMBETIC, PAPRIKA), LETTUCE, WHEAT BREAD (PRINCHED FLOUR) WHEAT FLOUR MILLED READ FLOUR, MICHAEL PREDICTION, THOUR, THE GROAD, HONEY, YEAST, WHEAT GLUTHS, SOYBEAN OIL, COLD), WATER, BULGAR WHEAT, WHOLE WHEAT FLOUR, HIGH FRUCTOSE CORN SYMP, WHEAT BRAN, HONEY, YEAST, WHEAT GLUTHS, SOYBEAN OIL, CONTAINS AND SOUBLING STEARON'L ACTIVATE, AUGUST AND AND SOUBLING THE AND AND SOUBLING STEARON'L ACTIVATE, CALCIUM STEARON'L-LACTIVATE, CALCIUM STEARON'L-LACTIVATE, MONO, AND DIGLYCERIDES, CAUCIUM PEROXIDE, CALCIUM HEROVATED MONO, AND DIGLYCERIDES, CADOLGNARD MILLER SOY ELECTIME, WHEAT FLOUR, EXPENSES,
Garden Veggle / Plain Bagel	12.3	349	360	20	2.0	3	0.0	0	0	0 55	0 23	72	24 5	5 20	13	12 1	10 10	0 6	20						x	CALCIMIN PROPIONATF). PLAIN BAGEL (UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAWN, FOLIC ACID). WATER, MALT SYRUP, SALT, YEAST), RED ONIONS, TOMATOES, GREEN BELL PEPPERS, CUCUMBERS, LETTUCE.
										0 67																PLAIN BAGEL (UNBILGACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACH), REDUCED IRON, THIAMIN MONOMITRATE, RIBOFLANIN), WATER, MALTOFREN, BLAIT, MALT, BAKERS VEASTS, RED ONDOS, GEERE PEPEPERS, LIMMING, ICHICA FESS, TAIMIN (ROASTED GROUND SESAME SEEDS), LEMON JUICE, WATER, LESS THAN 2'S OF GARLIC, CLIVE OIL, PARSLEY, CUNIN, CHICK PEA POWDER. SORBIG ACID (MAINTAINS FRESHNESS), TOWARD LETTURE, CULIMBERS.
Garden Veggie / Wheat Bread	13.6	385	370	35	4.0	6	1.0 5	5 0	0	0 56	0 23	73	24 !	5 20	17	10 2	20 12	0 4	8					x	X	WHEAT BREAD (ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THAIMIN MONONITRATE, RIBOPLAVIN, FOUL ACID), MATER, BILLORA WHEAT, WHOLE WHEAT FLOUR, HIGH FRUCTOSE CORN STRUP, WHEAT BRAM, HONEY, YEAST, WHEAT GLUTEN, SOVERAN OIL, CONTAINS 2½; OR LESS OF EACH OF THE FOLLOWING, SALT, RAISIN JUICE CONCENTRATE, DOUGH CONDITIONERS (DONTAINS ONC OR MORE OF THE FOLLOWING). SOURIN STARON, LACTVALTE, CALCIUM STEARON, LACETVALTE, MONO AND DIGLYCERIDES, CALCIUM INDIOTE; DATEM, ETHOXYLATED MONO, AND DIGLYCERIDES, AZODICARBONAMINE], CALCIUM SULFATE, SOV LECTHIN, WHEAT FLOUR, ENZYMES, CALCIUM PROPROMED ACTION AND ADDITIONAL STRUCK S
Garden Veggle / Wheat Bread (w/ Hummus)	15.5	441	490	90	10.0	15	2.0 1/	0 0	0	0 69	0 29	83	28 5	5 20	17	15 2	20 12	0 6	30					x		WHEAT BREAD (ENRICHED FLOUR (WHEAT FLOUR MALTED BARLEY FLOUR NIACIN, REDUCED IRON, THAMMI MONONITRATE, RIDDITANIN, FOUL ACID, WATER BLICAR WHEAT MALTER WHEAT FLOUR. HOH PREUTORS CORN STRUE, WHEAT BRAM, HONEY, YEAST, WHEAT GLUER, SOWERAN OIL CONTINOS 2½, OR LESS OF EACH OF THE FOLLOWING, SALT, RAISIN JUICE CONCENTRATE, DOUGH CONDITIONES (CONTIANIS ONC OR MORE OF THE FOLLOWING, SOUND STEAROY, LEACTHLATE, CACLIUM STEAROY, LEACTHLATE, MONG AND DIGLYCERBOES, CALCIUM PREVIOLE CALCIUM SULFATE, SOY LECTHIN, WHEAT FLOUR, ENZYMES, CALCIUM PROPONDATE, BONONS, TOMANO, RESEN GREEN SELTION, COUNTRIES.
Ham / Plain Bagel	9.1	257	410	60	7.0	11	3.0 1	5 0	30	10 130	00 54	64	21 4	1 16	10	23 1	10 1	5 15	20			x			X	PLAIN BAGEL (LINBIEACHED ENTICHED FLOUR WHEAT FLOUR, MALTED BARLEY FLOUR, NAICH, REDUCED IRON, THIAMIN MONONITRATE. RIBORLAVIN), WATER MALT, SALT, MALT, BAKERS YEAST), SHAVED HAM (CURED WITH WATER, HONEY, SALT, POTASSIUM LACTATE, SUGAR, SODIUM PHOSPHATES, SOUDIM DIACEFATE, SODIUM REPTHORBATE, SODIUM NITRITE, PRESH TOMATO, LETTUCE, DUDON MUSTARD (DISTILLED WIRGAR & WATER, MUSTARD SEED, SALT, TUMERIC, SPICES), SWISS CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES).
Ham / Wheat Bread	13.3	377	470	90	10.0	15	4.0 2	0 0	50	17 205	50 85	67	22	1 16	16	28 2	20 30	15	10			x				SHAVED HAM (CURED WITH WATER, HONEY, SALT, POTASSIUM LACTATE, SUGAR, SODIUM PHOSPHATES, SODIUM DIACETATE, SODIUM EPYTHORBATE, SODIUM NITRITE, RESEA IONIONALO, ENGAGE PER CONTROLL STATE OF THE CONTROLL STATE BBAN, HONEY, YEAST, WHEAT GLUTER, SOYBEAN OIL, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING, SALT, RAISIN JUICE CONCENTRATE, DOUBLD CONDITIONED SOON THAN OF THE FOLLOWING SODIUM STREAM LACTIVITY. GOLGIUM STREAMY-LACTIVITY. GONDOLL STATE OF THE CONTROLL ST
Tuna Salad / Ptain Bagel	8.8	250	550	190	21.0	32	2.5 1	3 0	40	13 87	0 36	65	22	1 16	9	22	8 18	5 2	20	X	x			×	X	PLAIN BABEL (UNBELEACHED ENDICHED FLOUR INHEAT FLOUR MALTED BARLEY FLOUR INACION, REDUCED BION, THIAMIN MONONITRATE, BIOPLANIN FOLD ACID, MATER MALT SYME SALT, YSSES, TIMA SALD, FUNDA LIGHT TUTN, MATER VEREFABLE BORTH CONTAINS SOY), SALT, MANONINASE (VEETABLE DO, ISOVESAN, CANOLA), EGO YOLL, WATER, CORN SYMEP, WINESAN, CONTAINS, LESS THAN 29, OF SALT, SPICES, CALCIUM DISDORUM EDTA TO PROTECT FLAVOR, BREAD CRUMSS (BREAD CRUMSS) (ENRICHED FLOUR) (WHEAT FLOUR MALTED BARLEY FLOUR NIADON, PERROUS SULFATE, THAININ MONONITRATE, RISDIFLAVIN, FOLD ACID) INSIFT FRUED STRUP, POIN STRUP, POIN STRUP PARTIALLY HYDROCENATED VEGETABLE DI, ISOVIESAN AND/OR COTTONASON, FOLD (CANOLA) MATER, SALT. CONTAINS 2% OR LESS OF, VERST, HONEY, MOLASSES, SUGRAN RHEAT GLUTEN, WHEY, SOY FLOUR, WHOLE WHEAT FLOUR, FOR FLOUR, ORT BEAR FLOUR ONN HEAL, RISC FLOUR, POTATO FLOUR, BUTTER, DOUGH CONDITIONERS) MONO-AND DISCUESHBES, SODIUM AND/OR CALCIUM STREAM FLOUR CORN TEACHER SOY LECTHINI, CALCIUM CARROMORTE, INNEGRA, NORTH MILE, LECTHE CALD, CALCIUM PROPONANTE, MAD POTASSUBLIS GORRAET [PRESENTATIVES], SESAMI SEEDS) OAT FLOUR, SALT, DRIED PARSLEY, SPICES, ONION POWDER, GARRIC, NATURAL FLAVOR, EGG, SUNFLOWER SEEDS), FRESH TOMATO, LETTICE

				Bruedde	r's Bage	ele Nut	ritional	inform	ation												F= í	MANUFA	ertURED.	NAF	ACHLIT	THAT PROCESSES THIS ALLERGEN
BRUEGGER'S BAGELS		and a second	Company of the Compan	a department	A MON-Sales	A STANCTION OF THE PERSON NAMED IN COLUMN TO	Same of the Care	(a) AND COMMENT	And State of the S	Chology (No.	A A A A A A A A A A A A A A A A A A A	Solom Market	Cheegy Cheegy		Part of the Co.	HO SO A BOOK	Man Man (a)	MILA. ACR.	Car Caron	Mon Man	TO DY		A CONTRACTOR	THE MUTS PERMUTS	S. S	INGREDIENT LIST
Tuna Salad / Wheat Bread	11.8	335	650	280	31.0 4	18 4.5	5 23	0	55	18 10	20 43	67	22	16	13	25	15 3	0 2	10	x	X			x		TUNA SALAD (TUNA LIGHT TUNA WATER VEGITABLE BROTH (DOWNAINS 507), SALT), MAYONNASE (VEGITABLE OIL (SOYBEAN, CANOLA), EGG YOLK, WATER, CORN SYRUP, WINEAGA, CONTAINS, LESS THAN 25 OF SALT, SPRECE, CALCIUM IDSOONIDE DATA TO PROTECT FAVOR), BREAD CRUMES (ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NICK, ERROGUS SULFATE, THIAMIN MONORITATE, RIBOFLAWIN, FOR COEN AND/OR CANOLA), WATER, SALT, CONTAINS 25 OR LESS OF YEAST, HONEY, MOLASSES, SUGAR, WHEAT GLUTEN, WHEY, SOY FLOUR, WHOLE WHEAT FLOUR FLOUR FLOUR FLOUR FLOUR FLOUR BUTTER, DOUGH CONDITIONERS HOMO-AND DIVISIONS COEN AND/OR CALCIUM STEAMOUL LCCYLATE, SOY LEGITHIN, CALCIUM CABBONATE, VINEGAR, NONEYAT MILK, BUTTERMILL, LACTO, CAID, CALCIUM PROPIONATE AND FOR TASSISHIN SORREST (PRESENTATIVES). SSEAMS ESEEDS OF THOSE AND THE OWNEY CONTROL ON THE OWNEY CONTROL OWNEY CO
Turkey / Plain Bagel	9.2	261	430	70	8.0 1	12 3.5	5 18	0	35	12 12	70 53	64	21	1 16	9	25	10 1	5 1	5 20			x		x	X	PLAIN BAGEL (UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR MALTED BARLEY FLOUR NAICH, REDUCED IRON, THAININ MONONITRATE, RIBOFLANNIN, MARTER, MALT, SALT, MALT, BAKERS YEAST, TURREY (TURREY REBAST, WHER TURKEY MEAT, TURREY MENT, DETROSE, MODIFED FOOD STARCH, POTASSIUM LACTATE, VINEGAR, SALT, LEMON JUICE, CARRAGEENAN, SODIUM PHOSPHATES, SODIUM DIACETATE, FRESH TOMATO, LETTUCE, CHEDDAR CHEESE, (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES (ANNATTO VEGETABLE COLORING: IF COLORED), DUION MUSTARD (DISTILLED WINEGAR & WATER, MUSTARD OSIGNES, SPIECS).
Turkey / Wheat Bread	13.5	382	490	90 1	10.0 1	15 4.5	5 23	0	55	18 18	90 79	66	22	1 16	14	32	20 3	0 1	5 10			x		x		TURKEY TURKEY BREAST, WHITE TURKEY MEAT, TURKEY BROTH, DEXTROSE, MODIFIED FOOD STARCH, POTASSUMI LACTATE, WISHERAM, SOULD HIPOSCHATES, SOUIDIN HOLGCATER, FRESH TOMATO, LETTICE, WHEAT READ, (ENRICHED FLOUR JUNCE), AND THE TOWARD START OF THE TOWARD START OF THE TOWARD START OF THE START OF T
Pastrami / Plain Bagel	8.0	266	410	80	9.0 1	L4 3.5	5 18	0	30	10 13	50 56	63	21	1 16	9	22	10 8	3 1	5 20			X		х	x	PLAIN BAGEL (UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE. RIBORLAVIN, FOLIC ACID), WATER, MALT, SALT, YEAST, PASTRAMI (CURED WITH WATER, SALT, SUGAR, SODIUM PHOSPHATES, SEASONING [SALT, FLAVORING), SODIUM ERYTHORBATE, SODIUM MITMITE, FLAVORING, SEASONING INGREDIENTS, SPICES, SALT, CARAMEL COLOR, SUGAR, SMOKE FLAVOR, FRESH TOMATO, DIJON MUSTARD (DISTILLED VINEGAR & WATER, MUSTARD SEED, SALT, TUMERIC, SPICES), SWISS CHEESE (PASTEURIZED PARTSKAMM MIK, CHEFSE CILI TIES E SALT, FLYWMES, BARGILLIA SALT PEPER SICH MIKE, CHEFSE CILI TIES E SALT FLYWMES, BARGILLIA SALT PEPER SICH MIKE, CHEFSE CILI TIES E SALT FLYWMES, BARGILLIA SALT PEPER SICH MIKE, CHEFSE CILI TIES E SALT FLYWMES, BARGILLIA SALT PEPER SICH MIKE, CHEFSE CILI TIES E SALT FLYWMES, BARGILLIA SALT PEPER SICH MIKE, CHEFSE CILI TIES E SALT FLYWMES, BARGILLIA SALT PEPER SICH MIKE, CHEFSE CILI TIES E SALT FLYWMES, BARGILLIA SALT PEPER SICH MIKE, CHEFSE CILI TIES E SALT FLYWMES, BARGILLIA SALT PEPER SICH MIKE, CHEFSE CILI TIES E SALT FLYWMES, BARGILLIA SALT PEPER SICH MIKE, CHEFSE CILI TIES E SALT FLYWMES, BARGILLIA SALT PEPER SICH MIKE, CHEFSE CILI TIES E SALT FLYWMES, BARGILLIA SALT PEPER SICH MIKE, CHEFSE CILI TIES E SALT FLYWMES, BARGILLIA SALT PEPER SICH MIKE, CHEFSE CILI TIES E SALT FLYWMES, BARGILLIA SALT PEPER SICH MIKE, CHEFSE CILI TIES E SALT FLYWMES, BARGILLIA SALT PEPER SICH MIKE, CHEFSE CILI TIES E SALT TIMBRICA SALT PEPER SICH MIKE SALT PEPER SICH MIKE SALT PEPER SICH MIKE SALT PEPER SICH SALT PEPER SICH SICH SALT PEP
Pastrami / Wheat Bread	13.5	384	460	13 1	17.0	5 25.	.0 0	50	17	### 8	8 64	23	0	0 13	27	0	0 1	5 6	•			X		x	x	PASTRAMI CUIED WITH WATER, SALT, SUCAR, SODIUM PROSPHATES, SEASONING (SALT, FLAVORING), SODIUM ENTHOBRATE, SODIUM NITRITE, FLAVORING, SEASONING INARED SEASONIN
Egg Salad / Plain Bagel	8.7	246	540	200 2	22.0 3	84 8.0	0 40	0	245	82 80	00 33	64	21	1 16	10	24	20 1	0 2	0 25	X		х		x	X	PLAIN BAGEL (UNBLEACHED ENRICHED FLOUR (INWEAT FLOUR MALTED BARLEY FLOUR, NACHN, REDUCED IRON, THAININ MONONITRATE, RIBOFLAUN, FLOUR CADIQ) MATER MALT SYBUP, SALT, BAKERS YEAST, SEG SALAD (FRESH FLOKED EGG, SON, 64 CHEVE CREAM, OHESE SEG SALAD (FRESH FLOKED EGG, SON, 64 CHEVE CREAM CHESE SEG SALAD (FRESH FLOOR) SEG SALAD (FRESH FLOOR) CARDED SEG SEG SALAD (FRESH FLOOR) CARDED SEG SEG SALAD (FRESH FLOOR) CARDED SEG
Egg Salad / Wheat Bread	12.4	352	700	260 3	38.0 4	19 13.	.0 65	0	470 :	157 96	60 42	67	24	0	15	31	0 0	0 20	0 15	X		X		x	x	FRESH FRACKED EGG PASTEURIZED EGGS, WHEAT BREAD (ENRICHED FLOUR) (WHEAT FLOUR, MALTED BARLEY FLOUR, NAGAN, REDUCED IRON, HAMMIN MONONITRATE, RIBOFLAWIN, FOLLO ACID), WATER, BULGAR WHEAT, WHOLE WHEAT FLOUR, HIGH FRUCTOSE CORN SYRUP, WHEAT BRAN, HONEY, YEAST, WHEAT GLUTEN, SOYBEAN OIL, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING. SOLIUM STEAROYL. CALCIUM STEAROYL. 2-LACTYLATE, MONO- AND DIGIT/SERIES, CALCIUM FOR FOR THE FOLLOWING. SOLIUM STEAROYL. CALCIUM STEAROYL. 2-LACTYLATE, MONO- AND DIGIT/SERIES, ACADICAMBOROMANIE), CALCIUM SULFATE, SOY LEGTHIN, WHEAT FLOUR, RIXYMES, CALCIUM PROPIONAT, RESHI TOMATO, DOINO & CHIVE CREAM, CHEESE PASTEURIZED CREAM, DICED OWNOS, NONFAT MILK, SODIUM AND CALCIUM ACLIENT AND SHAPE (MAINTAINS). STICK PHOSPIPIONE, ACETIC AND LACITE CADES, CHIVES, SALT, XANTHAN, LOCUST BEAN AND GUAR GUINS, PONTASSIUM SORBATE (MAINTAINS FRESHVESS), CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE LUTURE, SALT, SANTHAN, LOCUST BEAN AND GUAR GUINS, PONTASSIUM SORBATE (MAINTAINS FRESHVESS), CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, FEWER SALT, SPICE, CALCIUM DISCOULM SI FORM OF THE CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, FEWER SALT, SPICE, CALCIUM DISCOULM SI FORM OF THE CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, FEWER SALT, SPICE, CALCIUM DISCOULM SI FORM OF THE CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, SPICE, CALCIUM DISCOULM EDTA (ADDED TO PROTECT FLAVOR)), ARUGULA.
DELI CLASSICS B.E.L.T. / Clabatta	11.8	335	760	360 4	40.0 6	52 13.	.0 65	0	475	158 13	10 55	71	24	2 8	13	33	30 2	5 8	\$ 40	x	Ī	x		х	x	CIABATTA (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACINE, IRON, THIAMINE MONONITRATE, RIBOFLAVINE, FOLIC ACID), WATER, SUGAR, YEAST, CANOLA OIL, WHEAT GLUTEN, MONO AND DIGLYCERIDES OF FATTY ACIDS, BETA-CARDTENE, ASCORBIC ACID, AMYLASE, XYLANASE, HEMICELLULASE, EGG SALAD (FRESH FRACKED EGG SOLAD) (FRESH AND GLURA FRACKED SALT, SPICE, CALCIUM DISCOULM EDTA (ADDED TO PROTECT FLAVOR))), BACON (CURED WITH WATER, SALT, SUGAR, MAPLE FLAVOR) (WATER, MIXED FRACKED EGG SOLAD) (FRESH FRACKED EGG
Cheese & Tomato Melt / Rye Bread	9.6	273	690	310 3	35.0 5	54 17.	0 85	0	100	33 14	10 59	63	21	1 16	2	31	25 2	0 91	0 20			х		x	x	FIVE BEAD (UNBLEACHED PRINCHED FLOUR INVEST FLOUR, MALTED BARREY FLOUR, NAION, REDUCED 1909, THIAMME MONOHITRATE, RIBOTLANN, FOLUL ACID) WATER IT REFLOUR THEST, WHEAT FLOUR, SALT, FUNDAME AND MAITED BARREY FLOUR, MALT DOWNEST BURDED ON THE POLICY OF THE FOLLANDS, AGENT ACID, LATICE, AGID, FILLY FIRST SOFTBAN (D. WHAT CLUTTS, WHOLE AND
Harvest Turkey / Clabatta	12.3	348	700	210 2	24.0 3	37 9.0	0 45	0	85	28 20	40 85	83	28	1 16	11	37	8 €	3	5 20	x		х		x	X	CABATTA (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACINE, IRON, THIAMINE MONONITRATE, RIBOFLAVINE, FOLIC ACID), WATER, SUGAR, YEAST, CANOLA OIL, WHEAT GLUTEN, MONO AND DIGLYCERIDES OF FATTY ACIDS, SETA-CAROTREA, ASCORBIC ACID, AMPLASE, XYLANASE, HEMICELLULASE, CIELLULASE, TURKEY BROTH, DEXTROSE, MODIFIED FOOD STRANGE, POTASSIMIL ACITATE, WHEEDAR, SALT, LEMON JUICE, CARRAGEBRAN, SODIUM PHOSPHATES, SODIUM DIACETATE, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES JANANTO VEGETABLE COLORING - IF COLORED), PICKLED RED ONNONS, FIFERS HERO DONNOS, WHITE WINGERA, SUGAR, SALT, SPICE, CALCIUM DISCONUM EDTA JADED TO POPTECT FLAVORD, DIENE CRANAERIERIES (CRANAERIRES, SUGAR, SUNFLLOWER OIL), WHOLE BERRY CRANBERRY SAUCE (CRANBERRIES, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, WATER).
Pastrami & Swiss Melt / Rye Bread										15 12												X				FIXE BEAD (UNBLEACHED ENDIGHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NAICH, REDUCED (RON, THAMME MONONITRATE, RIBOFLAWIN, FOLIC ACID), WARTER (FIVE FLOUR, YEAST, WHEAT FLOUR, SALT, FUNRARIC ACID, MALTED BARLEY FLOUR, MALT POWDER [DRIED CORN STRUP, BARLEY MALT EXTRACT], AND 2% ON LESS OF EACH OF THE FOLLOWING JACETIC ACID, LACTIC ACID, PULLY REFINED SOVERAN OIL, WHEAT GLUFFE, WHOLE CARRAWAY SEED, GRANULATED SUGAR, CALCIUM PROPRIONATE (TO RETIAN FRESHNESS), DOUGH IMPROVER (RIALTED WHEAT FLOUR, EXTRACTS, WHOLE CARRAWAY SEED, GRANULATED SUGAR, CALCIUM SULFATE, ENTAWES, PASTEMBLU (OURED WITH WATER, SALT, SUGAR, SOOIM HORSPARES, SASADNING ISALT, FLAVORNOS), SODIUM RETHFANDEATE, SODIUM MITHITE, FLAVORNOS, SODIUM HORSPARES, SALTO, WARTER, GALT, CARRAMEL COLOR, SUGAR, SMOKE, FLAVOR, APPLE CORPE YANG (FREE FLOWER), APPLE CORPE YANG (FREE FLOWER), APPLE LOUGH SALW (GREEN ELS AND), CANDARIA SEED, SALT, CARRAMEL COLOR, SUGAR, SMOKE AVAITANG AUGH PATASSIMM SORBARE AND CALCIUM DISSOUME DITA AS PRESERVATIVES, SONICE, SONION, PROPTICE GLYCOL AGAINATE, GARLE, CITRIC ACID), SWISS CHEESE (PASTEURIZED PART-SHIM MILK, CHEESE CULTURE, SALT, ENZYMES), DUON MUSTARD (DISTILLED VINEGAR & WATER, MUSTARD SEED, SALT, TUMBERC, SPICES, BUTTER SUSTITUTE (SOYDEAN OIL, MYDROCHASTED SOVERAN OIL WITH SALT, SOYL CENTRAL AND ARTIFICIAL FLAVOR, AND ARTIFICIAL FLAVOR, TEHQ AND CITRIC ACID ADDED AS PRESERVATIVES, SALT, SONICA, DOME AND AN ANTIFICALAND, AND ARTIFICIAL FLAVOR, TEHQ AND CITRIC ACID ADDED AS PRESERVATIVES, ARTIFICIAL COLOR, DIMETHYLPOLYSLOVANA ADDED AS AN ANTIFICAMEN CARRAWAY (SALT).
Tarragon Chicken Salad / Wheatberry Bread	10.2	288	530	270	30.0 4	16 4.5	5 23	0	50	17 80	00 33	44	15	16	17	19	15 3	0 2	. 6	X		X		X	×	WHEATERRY BREAD (ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIGON, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAIM), FOLIC CAID), WATER, BULGAR WHEAT, WHOLE WHEAT FLOUR, HIGH FRUCTOSE CORN SYUP, WHEAT BRAN, HONEY, YEAST, WHEAT GLUTEN, SOYBEAN OIL, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING, SALT, RAISH JUICE CONCENTRATE, DOUGH CONDITIONERS (CONTAINS ONE OR MORE OF THE GRALDWING, CONTAINS OR OR MORE OF THE GRANDWING, CONTAINS OR OR MORE OF THE GRANDWING, CAN CHARLES OR

BRUEGGER'S BAGELS AUTHORITIES TO A TOWN TOWN TOWN TOWN TOWN TOWN TOWN TOWN	8.0	227	250	160	Salar Salar	S. S	Sentential Constitution of the Constitution of	(O) AND CHARGE	Se Sec		(0 g o h)		10 P			9	(e)	g 9		4 8		To the same of the		\$ \$	* & \$
New England Clam Chowder	8.0	227	250	160			3	S. S	A S	A STATE OF THE STA	, og	Con Solin	Se de la constant de				A MARIE S	a de la constant de l	To a second					Se S	
				200	18.0 2	18 14.	.0 70	0		27 730		16	5 0	0	1 7	4	20	0 4		:	хх			x x	WATER, CREAM, CLAMS [SEA CLAMS. SEA CLAM JUICE, SALT, SODIUM TIRE/DYNGOSPHATE (TO RETAIN NATURAL JUICES), CALCIUM DISCODIUM EDTA (TO PRESERVE COLOR)), CONCENTRATED SEA CLAM JUICE, (SEA CLAM JUICE, AND SALT), POTATOES (CONTAINS SODIUM ACID PYROPHOSPHATE), ONIONS, CONTAINS LESS THAM 2° OF THE FOLLOWING. SUBTRE (PASTEMENTED CREAM, SALT), MONOFIED FOOD STRANC, CLAM BASE, COOKED CLAMS AND CLAM JUICE, SALT, CLARIFIED BUTTER OIL, SUGAR, PROPROLYZED WHEAT GLUTEN, HOROCIYZED SOV WHEAT GLUTEN PROTEIN, AUTOLYZED YEAST EXTRACT, DEMPORATED AND CLAMS. PIGNED CLAM SEATOR CLAMS FLAVOR DAIS OF CLAMS FLAVOR CLAMS EXPRISED AND DISCODIUM GUANYLATE, XANTHAN GUM, MONO AND DIGLYCERIDES (AS EMULSIFIER)], SUGAR, NATURAL SEA SALT, GARLIC (GARLIC, WATER), SPICES.
Tomato Feta Bisque	8.0	227	90	20	2.5	4 2.5	5 13	0	10	3 1090	0 45	14	5 2	8	7 5	10	25 1	LO 4			x		ı		TOMATO JUICE (TOMATOES, SALT), WATER, TOMATOES (VINE-RIPENED FRESH LUMPELED GROUND TOMATOES, EXTRA HEAVY TOMATO PURIER AND SALT), TOMATOES, COMATOES, TOMATOES, ALT, CHEESE CULTURES, ENZYMES, POTATO STARCH (TO PREVENT CAMING), CONTAINS LESS THAN 2% OF THE FOLLOWING: BROWN SUGAR; SUGAR, CAME SYPURS, MODIFIED FOOD STARCH GARLICS, SALT, SPECE, SALT, SALT, SALT, CHEESE, SALT, CHEESE, TOMATOES, TOMA
Vegetable										0 610														x	SYMUPS, MODIFIED FOLD STARCH, GINGLE, SAIL, SPICES. WATER, CARROTS, NAVY BEANS (NAVY BEANS AND WATER, RED ONION, TOMATOES, TOMATOES, TOMATO JUICE, SALT, CITRIC ACID, CALCIUM CHGORDIG, SWEET POTATO, CORN, CELERY, ZOLCOHIN, SQUASH, NALE, RED DELL PEPPERS, CONTINNA ISSES THAN 2% OF 17TH FOLDOWING TOMATO PASTE, VEED RESIDE CONCENTRATE IS A BEEN OF VEED TEALSES FURDES, CARROT, ELERY, ONNO, SAUTEED ONION, RED BELL PEPPER, DEHYDRATED TOMATO, CARROTS, GREEN BELL PEPPER, DEHYDRATED TOMATO, CARROTS, GREEN BELL PEPPER, DHOND JUICES (ONION, GARLIC, SHALLIOT, CARROTS), SUGAR, SILLY, YEAST EXTRACT, HOTHOLYZED CORN PROTEIN, CONTAINS 2% OR LESS OF THE FOLLOWING MICHOLY MICH. MODIFIED FOOD STARCH, SPICE, MYDROLYZED SOY PROTEIN, SUGARIONO YMES ON, MODIFIED FOOD STARCH, SUGAR, VIRGIN OLIVE OIL, WINE SALT, SALTIC, SAMBERDON, BASE (PEGETABLE PUREES) (CARROT, CELERY, OWNE SOULDS), MODIFIED FOOD STARCH, SUGAR, VIRGIN OLIVE OIL, WINE STARCH, CARROT POWDER, CONTAINS 2% OR LESS OF THE FOLLOWING: EXTRACTIVE OF CARROT, XANTHAN GUM, SPICE EXTRACTIVES), JALAPENO, SALT, GARLIC GARRILL, WATERS, SPICES, CLAMPTO.
CHEESE																			VICE THE /	AMOUR	NT LISTE) BELO	w		
American Cheese	0.8	21.0	20.0	20.0	7.0 1:	1.0 4.0	0 20.0	0.0	5.0 2	2.0 270.0	0 11.0	0.0	.0 0.0	0.0	0.0 5.0	2.0	0.0 1	5.0 0.	0		Х				MILK, MILKFAT, WATER, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, ASCORBIC ACID (AS A PRESERVATIVE), ENZYMES (USING VEGETABLE RENNET),
Asiago Cheese, Shredded	0.5	20	15	2	3.0	1 5.0	0 0	5	2 6	65 3	1	0	0 0	0	1 2	0	4	0			х		-1		CHEESE CULTURE, WITH STARCH ADDED FOR SLICE SEPARATION. ASIAGO CHEESE (PASTUERIZED MILK, CHEESE CULTURE, SALT, & ENZYMES), PARMESAN CHEESE (PART-SKIM MILK, CHEESE CULTURE, SALT, AND
Blue Cheese	1.0	28	100	70	8.0 1	2 5.0	0 25	0	25	8 380	16	1	0 1	4	0 6	6	0 1	L5 0			x		-		ENZYMES). PASTUERIZED MILK, CHEESE CULTURE, SALT, ENZYMES, MOLD, NATAMYCIN, POWDERED CELLULOSE TO PREVENT CAKING.
Cheddar Cheese	0.7	19.0	70.0	50.0	6.0 9	.0 3.5	5 18.0	0.0	20.0 7	7.0 120.0	0 5.0	1.0	.0 0.0	0.0	0.0 5.0	4.0	0.0 1	5.0 0.	0		X		-		PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES [ANNATTO VEGETABLE COLORING - IF COLORED].
Muenster Cheese Provolone Cheese	0.5	14.0	50.0	35.0	4.0 6	.0 2.5	5 13.0	0.0	10.0 3	0.0 190. 0	0 5.0	0.0	.0 0.0	0.0	0.0 3.0	2.0	0.0 1	0.0 0.0	0		X				PASTUERIZED MILK, CHEESE CULTURE, SALT, ENZYMES AND ANNATTO (VEGETABLE COLORING). PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES.
Swiss Cheese	0.5	14.0	50.0	35.0	4.0 6	.0 2.5	5 13.0	0.0	15.0 5	5.0 30.0	1.0	1.0	.0 0.0	0.0	0.0 4.0	4.0	0.0 1	5.0 0.	0		Х				PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES.
Butter										10 90											х				CREAM (MILK), SALT.
Chipotle Sauce	0.5	14	100	100	11.0 1	7 1.5	5 8	0	5	2 120	5	0	0 0	0	0 0	0	0	0 0	x					X	VEGETABLE OIL (SOYBEAN, CANOLA), VINECAR, CHIPOTLE PEPPER, SMOKED JALAPENO, VINEGAR, ONION, TOMATO PASTE, SALT, SUGAR, OIL, SPICES, EGGY YOLK, CORN SYRUP, SALT, LIME JUICE, SPICE, NATURAL GARLIC FLAVOR, ONION, GARLIC, NATURAL SMOKE FLAVOR, CALCIUM DISODIUM EDTA AS A PRESERVATIVE.
Dijon Mustard Honey Mustard	0.5	14 14	0 45	0	0.0	0.0	0 0	0	0	0 180 0 45	2	9	0 0	0	9 0	0	1	0 0	-				1	x	DISTILLED WINEGAR & WATER, MUSTARD SEED, SALT, TUMERIC, SPICES. SUGAR, VINEGAR, MUSTARD, WATER, CONTAINS LESS THAN 2% OF: HONEY, CORN SYRUP, SOYBEAN OIL, SALT, MOLASSES, SPICES, TUMERIC, PARRIKA.
Honey Horseradish Mayo										0 1 3 280										ı			П	x	PURE HONEY. SOYBEAN OIL, CORN SYRUP, VINEGAR, HORSERADISH, DUON MUSTARD (DISTILLED VINEGAR & WATER, MUSTARD SEED, SALT, WHITE WINE, CITRIC ACID, TARTARIC ACID, SPICES), EGG YOLK, CONTAINS 2% OR LESS OF: SALT, SUGAR, SPICE, XANTHAN GUM, ARTIFICIAL FLAVOR.
Hummus										0 125												F	F		CHICK PEAS, TAHINI (ROASTED GROUND SESAME SEEDS), LEMON JUICE, WATER, LESS THAN 2% OF GARLIC, OLIVE OIL, PARSLEY, CUMIN, CHICK PEA POWDER, SORBIC ACID (MAINTAINS FRESHNESS).
Jelly/Jam - Grape Jelly/Jam - Strawberry	0.7	20	50 50	0	0.0	0.0	0 0	0	0	0 5	0	13	4 0	0 :	0 0	0	0	0 0		-			-		GRAPE JUICE, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, PECTIN, CITRIC ACID, SODIUM CITRATE. STRAWBERRIES, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, SUGAR, PECTIN, CITRIC ACID, GRAPE JUICE CONCENTRATE ADDED FOR COLOR.
-			400	100					40	3 100														x	NATURAL FLAVOR. SOYBEAN OIL WATER, CORN SYRUP, EGG YOLK, DISTILLED AND CIDER VINEGAR, SALT, SPICE, CALCIUM DISODIUM EDTA (ADDED TO PROTECT
Mayo																							-		FLAVOR).
Peanut Butter	1.5	43	250	190	21.0 3	2 4.0	0 20	0	0	0 200	8	9	3 3	12	4 9	0	0	0 6				x		x	ROASTED PEANUTS, SUGAR, PARTIALLY HYDROGENATED VEGETABLE OILS (COTTONSEED, SOYBEAN AND RAPESEED) TO PREVENT SEPARATION, SALT.
Sriracha Sauce Sundried Tomato Mayo	0.7	21	140	140	15.0 2	4 2.5	5 12	0	15	0 570 5 130	5	1	0 0	0	0 2	8	2	0 0	X	Ī	x		Ī	x	CHILL, SUGAR, SALT, GARLIC, DISTILLED VINEGAR, POTASSIUM SORBATE, SODIUM BISULFITE AND XANTHAN GUM. MATONIANSE (SOYBEAN OIL WATER, CORN SYMUP, EGG TOLK, DISTILLED AND CIDER VINEGAM; SALT, SPICE, CALCIUM DISODIUM EDTA (ADDED TO PROTECT FLAVOR), SUNORIED TOMANO PASTE (SUN RIPEDER FORMA TOMATO SOLIDS, SUN ORIBER FORMA TOMATOS, CANOLA OIL, EXTRA VIRGIN OLIVE OIL, BUTTER (CREAM, MILK, SALT), DEPYORATED ONION, DEMPORATED GARLIC, ROMANO CHEESE (MILK, SALT, ENZYMES), RED RASPBERRIES, HIGH FRUCTOSE CORN SYMUP, SPICES, CHOPPED GARLIC, CRIFT CADO, LIMB LIVES, SALT.
Sundried Tomato Spread	0.6	16	79	54	6.0	9 2.0	0 10	0	6	2 46	2	5	2 0	1	1 1	6	9	1 2			x				SUN RIPENED ROMA TOMATO SOLIDS, SUN DRIED ROMA TOMATOES, CANOLA OIL EXTRA VIRGIN OLIVE OIL, BUTTER (GREAM, MILK, SALT), DEHYDRATED ONION, DEHYDRATED GARLIC, ROMANO CHESE (MILK, SALT, ENZYMES), RED RASPBERRIES, HIGH FRUCTOSE CORN SYRUP, SPICES, CHOPPED GARLIC, CITRIC ADD. LIME JUICE, SALT.
Egg White Patty										0 190														х	EGG WHITES, CONTAINS LESS THAN 2% OF CARRAGEENAN, MODIFIED FOOD STARCH, NATURAL EGG FLAVOR (NATURAL REACTION FLAVOR, GLYCERIN); SALT.
Liquid Egg White Whole Egg Patty										0 95 58 170													-	x	LIQUID EGG WHITES, TRIETHYL CITRATE ADDED AS A WHIPPING AID WHOLE EGGS, WATER, SOYBEAN OIL, CONTAINS LESS THAN 2% OF CITRIC ACID, LIQUID PEPPER EXTRACT, MODIFIED FOOD STARCH, SALT, WHEY.
Fresh Cracked Egg	2.0	57	80	50	6.0	9 1.5	5 8	0	210 7	70 80	3	1	0 0	0	1 7	6	0	4 6	x					_	PASTEURIZED EGGS.
MEAT																									CURED WITH WATER, SALT, SUGAR, MAPLE FLAVOR (WATER, MIXED TRIGLYCERIDES, FLAVOR, GELATIN, CORN SYRUP, CARAMEL COLOR, CITRIC ACID.
Bacon										5 220															SODIUM CARBOXYMATHYLCELLULOSE GUM, GUM ARABIC, XANTHAN GUM, SODIUM BENZOATE), SODIUM ERYTHORBATE, SODIUM NITRITE.
Chicken Breast	4.0	113	140	35	4	6 1.5	5 7	0	60 2	20 700	29	1	0 0	0	0 25	0	0	0 2	X					x x	C HICKEN BREAST, WATER, VEGETABLE DIL, SEASONING (SALT, ROAST CHICKEN FLAVOR (CONTAINS AUTOLYZED YEAST ETRACT, DECOLORIZED SOY SAUCE (WATER, SOYBEANS, WHEAT, AND SALT), AND TAPIOCA DEXTRIN, SUGAR, CITRIC ACIDI), SALT, RICE STARCH, LEMON PHOSPHATE (SODIUM PHOSPHATE AND LEMON JUICE CONCENTRATE), FLAVORING (VEGETABLE DIL, EXTRACTS OF ROSEMARY, MONO AND DIGLYCERIDES AND LECTHIN),
Egg Salad	2.5	71	150	120	13.0 2	10 4.0	0 20	0	215 7	72 140	6	2	1 0	0	1 8	10	2	4 6	x		x		Ī	x	LEMON JUICE POWDER (CORN SYMUP SOLIDS, LEMON JUICE SOLIDS). PASTEURIZED EGGS, ONION & CHIVE CREAM CHEESE (PASTEURIZED CREAM, DICED ONIONS, NONFAT MILK, SODIUM AND CALCIUM CASEINATE (MILK PROTIENS), CITRIC, PHOSPHORIC, ACETIC AND LACTIC AGIDS, CHIVES, SALT, AANTHAN, LOCUST BEAN AND GUAR GUINS, POTASSIUM SORBATE (MANITAINS FRESHNESS), MAYO (SOYBEAN OIL, WATER, CORN SYRUP, EGG YOLK, DISTILLED AND CIDER VINEGAR, SALT, SPICE, CALCIUM DISODIUM EDTA ADDED TO POPTECT FLAVORD.
Ham	1.8	50	45	10	1.0	2 0.0	0 0	0	20	7 550	23	2	1 0	0	2 7	0	0	0 2					-1		SHAVED HAM (CURED WITH WATER, HONEY, SALT, POTASSIUM LACTATE, SUGAR, SODIUM PHOSPHATES, SODIUM DIACETATE, SODIUM ERYTHORBATE,
Pastrami	1.3	38	25	10	1.5	2 0.0	0 0	0	10	3 230	10	0	0 0	0	0 3	0	0	0 0					t		SODIUM NITRITE). PASTRAMI (CURED WITH WATER, SALT, SUGAR, SODIUM PHOSPHATES, SEASONING [SALT, FLAVORING], SODIUM ERYTHORBATE, SODIUM NITRITE, FLAVORING, SEASONING INGREDIENTS: SPICES, SALT, CARAMEL COLOR, SUGAR, SMOKE FLAVOR).
Salmon		50	80	25	2.5	4 1	4	0	25	9 737	31	0	0 0	0	0 13	0	0	0 0		х					SALMON, SALT, HARDWOOD SMOKE.
Sausage	1.5									10 280															PORK, WATER, SALT, SPICES, DEXTROSE, SUGAR, AUTOLYZED YEAST, LIME FLAVOR (CORN SYRUP SOLIDS, LIME JUICE SOLIDS, NATURAL FLAVOR), FLAVORING, TBHQ, BHT, CITRIC ACID, LACTIC ACID.
Turkey Sausage Tarragon Chicken Salad	1.5 2.5	42 71	80 230	45 170	5.0 18.0 2	8 1.5 18 2.5	5 8 5 13	0	40 1	13 270 12 340	11 14	8	0 0 3 1	0 4	0 8		0						x	x x	TURNEY, WATER SALT, SPICES, SPICE EXTRACTIVES. CHICKEN BREAST, (CHICKEN BREAST, WATER, VEGETABLE OIL, SEASONING (SALT, ROAST CHICKEN FLAVOR (CONTAINS AUTOLYZED YEAST EXTRACT, DECOLORIZED SOYS SALCE (WATER, SOYSEANS, WHATER, AND SALT), AND TAPHOCA DEXTRIN, SUGAR, CITRIC ACIDI), SALT, RICE STARCH, LEMON PHOSPHATE (SODIUM PHOSPHATE AND LEMON) JUICE CONCENTRATE, FLAVORING (VEGETABLE OIL, EXTRACTS OF ROSEMBARY, MOND JUICE CONCENTRATE, FLAVORING (VEGETABLE OIL, EXTRACTS OF ROSEMBARY, MOND JUICE POWNER (FORN SYRUP SOLIDE), EMOND JUICE SOURCES, MOND SINCE VEGETABLE OIL, STORD SALT, SPICES, CALCIUM DISSONUM EDTA TO PROTECT FLAVOR), ORDER CARABERRIES (CANABERRIES, SUGAR, SUAR FORD (SILL AMMONDA).

				Brues	der's B	niola I	Nutritic	onal Info	rmetior															MUL	λeπ.	RED IN	A FAC	HUTY THAT PROCESSES THIS ALLERGEN
BRUEGGER'S BAGELS	•	Samo Str	Salando Maria	(a), (b)	Months Apo.	Star Millor	POTAL ATT.	Service of the Party	(a) The Car.	CHOLES AV.	Cholester (Me)	Som.	Sport Me	Charles on the Charles	(a) Suppose	No.	A STATE OF THE STA	Methos (a)	MINAME (Q)	Madin Ack Ob	CHOMP OF THE PROPERTY OF THE P	NO WOOD			Marital Marita	SCORE A	State State of	S & S S S S S S S S S S S S S S S S S S
Tuna Salad	2.5	71	230	170	19.0	29	2.5	13	0 40	13	330	14	3	1	0	0 0	11	0	0	0	2	Х					x	X TUMA (LIGHT TUMA, WATER, VEGETABLE BOTH (CONTAINS SOY), SALT), MAYDONASE (VEGETABLE DIL (SOYBEAN, CANOLA), EGA YOLK, WATER, CORN SYRUP, VINEGAR, CONTAINS LESS THAN 2'N, O'F, SALT, SPICES, CALCIUM DISODIUM EDTA TO PROTECT FLAVOR), BREAD CRUMBS (ENRICHED FLOUR INVESTEDUR, MAILTED BARLEY PLOURINGUR, FERROUS SULFATE, THAMIN MONONITRATE, RIBDFLAVIN, FOLIC ACID), HIGH FRUCTOSE CORN STRUP, CORN STRUP, PARTILLE! HYDROGENATED VEGETABLE DIL (SOYBEAN AND) OR COTTONSEED AND) OR CORN AND, OR CANOLAI, WATER, SALT, CONTAINS 2'N, OR LESS OF, VEAST, HONEY, MOLASSES, SUGAR, WHEAT CULTEN, WHEY SOY FLOUR, WHOLE WHATE TOUR, REY FLOUR, CORN FLOUR, OAT BRAN, CORN MEAL, RICE FLOUR, POTATO FLOUR, BUTTER, DOUGH CONDITIONERS (MONO AND DISTLERIBLES, SODIUM AND) OR CALCIUM STEAROYL LACTVATE, SOY LECTIVIN, CALCIUM CARBONATE, UNEGAR, MONERAT MILL BUTTERMIKL, LCLIC CAGO, CALCIUM PROFONATE AND POTASSIUM SORBATE (PRESERVATIVES), SESAME SEEDS) OAT FLOUR, SALT, DRIED PARSLEY, SPICES, ONION POWDER, GARLIC, NATURAL FLAVOR, EGG, SUNICLOWER SEEDS).
Turkey	1.8	50	45	0	0.0	0	0.0	0	0 15	5	430	18	2	1	0	0 1	9	0	0	0	2						х	SHAVED TURKEY BREAST (WHITE TURKEY MEAT, TURKEY BROTH, DEXTROSE, MODIFIED FOOD STARCH, POTASSIUM LACTATE, VINEGAR, SALT, LEMON JUICE, CARRAGEENAN, SODIUM PHOSPHATES, SODIUM DIACETATE).
NUTS/OTHER																												Total, Carriadelivar, Continue Harles, Continue Busel Art.
Almonds (Sliced)	0.2	4.5	25	20	25	4	0.0	0	0 0	0	0	0	1	0	n	0 0	1	0	0	0	2	_	_	_		х		ALMONDS.
Croutons			70																					X			X	X ENDIGED FLOUR (WHEAT FLOUR, BARLEY MALT, NAIGN, REDUCED IRON, THIAMME BOXONITRATE, RIBOFLAVIN, FOLL GOLD), BARTIALLY HYDROGENATED SYBEAN AND/OR COTTONSEED OIL, WATER, WHEY, SALT, FIFE FLOUR, WHOLD WHEAT FLOUR, GRANGES WHEAT, WHEAT BRAN, PARMESAN CHEESE PLATFSIMM MILK, CHESES QUITURES, SALT, FIXZYMESI, HIGH FRUCTOSE CORN SYRUP, MALT, SOY FLOUR, BUTTERFAT, YEAST, WHEAT QUITUR, GUINA GRANGE AND CORD FROM COLON THE PRESENVATIVE.
Sesame Seeds	0.2	7	40	30	3.5	5	0.0	0	0 0	0	0	0	2	1	1	5 0	1	0	0	0	4							TOASTED SESAME SEEDS.
VEGETABLES & FRUIT																												
Capers		3							0 0																			CAPERS, WATER, SALT, WINE VINEGAR.
Cucumbers			5																									FRESH CUCUMBER.
Green Peppers			6																									GREEN PEPPERS.
Jalapenos	1.1	30	5	0	0.0	0	0.0	0	0 0	0	290	12	1	0	1	4 0	0	4	4	1	2							JALAPENO PEPPERS, WATER, VINEGAR, SALT, SUGAR, SPICES, CALCIUM CHLORIDE.
Lettuce	0.1	4	1	0	0	0	0	0	0 0	0	1	0	0	0	0	0 0	0	7	1	0	0							FRESH LETTUCE.
Pickles	1.0	28	0	0	0.0	0	0.0	0	0 0	0	330	14	1	0	0	0 0	0	0	0	0	0							FRESH CUCUMBERS, WATER, VINEGAR, SALT, SPICES, CALCIUM CHLORIDE, SODIUM BENZOATE (PRESERVATIVE), NATURAL FLAVORS, GARLIC OIL, POLYSORBATE 80, TUMERIC (COLOR).
Pickled Red Onions	1.0	28	40	0	0.0	0	0.0	0	0 0	0	210	9	11	4	0	0 1	0	0	2	0	0							FRESH RED ONION, WHITE VINEGAR, SUGAR, SALT.
Red Onions	0.1	3	0	0	0	0	0	0	0 0	0	0	0	0	0	0	0 0	0	0	0	0	0							FRESH RED ONION.
Red Peppers	1.0	28	6	0	0.0	0	0.0	0	0 0	0	1	0	1	0	0	0 1	0	2	38	0	1							RED PEPPERS.
Sprouts	0.1	3	1	0	0.0	0	0.0	0	0 0	0	0	0	0	0	0	0 0	0	0	0	0	0							FRESH SPROUTS.
Tomatoes	0.2	5	0	0	0	0	0	0	0 0	0	0	0	2	1	0	0 1	0	6	8	0	0							FRESH TOMATO.
Cranberries (Dried)	0.7	21	60	0	0.0	0	0.0	0	0 0	0	0	0	15	5	2	6 1	0	0	0	0	0							CRANBERRIES, SUGAR, SUNFLOWER OIL.