

NUTRITIONAL INFORMATION

WESTERN WHEAT SOFTWICH

Nutrition Facts	
Serving Size 1 Softwich Sandwich (308g)	
Amount Per Serving	
Calories 820	Calories from Fat 520
% Daily Value*	
Total Fat 58g	89%
Saturated Fat 13g	64%
Trans Fat 0g	
Cholesterol 225mg	75%
Sodium 1480mg	62%
Total Carbohydrate 76g	25%
Dietary Fiber 8g	32%
Sugars 14g	
Protein 30g	
Vitamin A 25%	• Vitamin C 45%
Calcium 30%	• Iron 20%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: WHEAT SOFTWICH (WHOLE WHEAT FLOUR [UNBLEACHED ENRICHED FLOUR, WATER, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], HONEY, MALT, YEAST, SOYBEAN OIL, SALT, VITAL WHEAT GLUTEN, WHEAT BRAN, DOUGH IMPROVER [WHEAT FLOUR, MALTED BARLEY FLOUR, ASCORBIC ACID, SOY OIL, ENZYMES], QUICK SHINE SPRAY [SODIUM CASEINATE {MILK PROTEIN}, PROPYLENE GLYCOL, CANOLA OIL, METHYLPARABEN & PROPYLPARABEN {PRESERVATIVES}, DATEM, {EMULSIFIER}, SODIUM POLYSPHOSPHATE, {ARTIFICIAL FLAVOR FOR AROMA ENHANCEMENT}, CARAGEENAN, MIXED TOCOPHEROLS TO PROTECT FLAVOR, NITROGEN {PROPELLANT}], EGG PATTY (WHOLE EGGS, WATER, PARTIALLY HYDROGENATED SOY BEAN OIL, MODIFIED FOOD STARCH, DRIED DAIRY BLEND [WHEY, CASIENATE], SALT, CITRIC ACID), CHIPOTLE MAYONNAISE (VEGETABLE OIL [SOYBEAN, CANOLA], VINEGAR, CHIPOTLE PEPPER, SMOKED JALAPENO, VINEGAR, ONION, TOMATO PASTE, SALT, SUGAR, OIL, SPICES, EGG YOLK, CORN SYRUP, SALT, LIME JUICE, SPICE, NATURAL GARLIC FLAVOR, ONION, GARLIC, NATURAL SMOKE FLAVOR, JALAPENO PEPPER, RED BELL PEPPER, MALTODEXTRIN, SUGAR, NATURAL FLAVOR, CALCIUM DISODIUM EDTA AS A PRESERVATIVE), GREEN BELL PEPPER, CHEDDAR CHEESE (MILK, CHEESE CULTURE, ENZYMES, SALT), RED BELL PEPPER, RED ONION.

ALLERGENS: CONTAINS SOY, MILK, EGGS AND WHEAT

