BRUEGGER'S ENTERPRISES NUTRITION INFORMATION

Product: Denver Egg Sandwich

Nutrition Facts

Serving Size Sandwich (272g)

Amount Per Serving

Calories 460	Calories from Fat 160
	% Daily Value*
Total Fat 18g	**28%**
Saturated Fat 6g	**30%**
Trans Fat 0g	
Cholesterol 205mg	**69%**
Sodium 1150mg	**48%**
Total Carbohydrate 74g	**25%**
Dietary Fiber 5g	**19%**
Sugars 11g	
Protein 30g	

Vitamin A 10%	•	Vitamin C 40%
Calcium 25%	•	Iron 25%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: PLAIN BAGEL (UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MALT SYRUP, SALT, YEAST), EGG PATTY (WHOLE EGG, WATER, SOYBEAN OIL, MODIFIED FOOD STARCH, WHEY, SALT, CALCIUM CASEINATE, LIQUID PEPPER EXTRACT, CITRIC ACID), HAM (PORK HAM [WATER, HONEY, SALT, DEXTROSE, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, SODIUM NITRITE]), GREEN BELL PEPPER, SWISS CHEESE (MILK, CHEESE CULTURE, ENZYMES, SALT), RED ONIONS.

ALLERGEN INFORMATION: Contains wheat, milk, eggs and soy.

BRUEGGER'S BAKED FRESH